

EXERCISE AND SPORTS SCIENCE – BA (120 hrs)

NAME	PID	Optional 2nd Major or Minor
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FOUNDATIONS

English Comp. and Rhetoric	Foreign Language* HSFL(s) _____	Quant. Reas. (QR)	Lifetime Fitness (LFIT)
ENGL 101 _____	1. _____	3. _____	(1 hr.)
ENGL 102 _____	2. _____	4. _____	

* Through Level 3 unless placed into Level 4 of HSFL

APPROACHES

Phys. and Life Sciences (PL/PX)	Social and Behavioral Sciences ***	Humanities/Fine Arts
EXSS 175 or 276 _____	Hist. Analysis (HS): _____	Vis. & Perf. Arts (VP): _____
BIOL 101 _____ 101L _____	Soc.Sci./Hist. Analysis (SS/HS): _____	Literary Arts (LA): _____
	Soc.Sci./Hist. Analysis (SS/HS): _____	Phil. Reasoning (PH): _____

*** From at least two departments

CONNECTIONS

Communication Int. (CI)	Foreign Lang. Int. (FI)	Quant. Int. (QI) <u>or</u> 2nd Quant. Reas. (QR)	Exp. Education (EE)
BIOL 101/101L _____	N/A	EXSS 273 _____	
US Diversity (US)	North Atlantic World (NA)	World before 1750 (WB)	Beyond the NA (BN)
			Global Issues (GL)

SUPPLEMENTAL EDUCATION Distributive: must be >199 and from three divisions other than that of the primary major; may double with Connections

<input type="checkbox"/> Distributive <input type="checkbox"/> Integrative	1. _____ FA HUM NAT SSB	2. _____ FA HUM NAT SSB	3. _____ FA HUM NAT SSB
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MAJOR/MINOR/ELECTIVES

EXERCISE & SPORT SCIENCE ♦ (8 Courses – 24 Hours)	Optional Minor: _____	Electives	Electives	Electives
101 _____				
175 _____				
181 _____				
273 _____				
276 _____				
376 _____	♦ 18 hours ≥ C (not C-) needed in required major courses. No more than 45 hours of EXSS courses will count toward graduation.			
380 _____				
385 _____ [prereq.: MATH 110 or 110P]				

Date/Advisor	Date/Advisor	Date/Advisor	Date/Advisor
AFTER THIS TERM: _____ Foundations _____ Approaches _____ Connections _____ Supplemental _____ Major 1 (hrs C _____) _____ Major /minor (hrs C _____) _____ Other Hrs to date: _____ + Hrs. in progress: _____ - 2x/HSFL/>24 _____ Hrs. remaining _____	AFTER THIS TERM: _____ Foundations _____ Approaches _____ Connections _____ Supplemental _____ Major 1 (hrs C _____) _____ Major /minor (hrs C _____) _____ Other Hrs to date: _____ + Hrs. in progress: _____ - 2x/HSFL/>24 _____ Hrs. remaining _____	AFTER THIS TERM: _____ Foundations _____ Approaches _____ Connections _____ Supplemental _____ Major 1 (hrs C _____) _____ Major /minor (hrs C _____) _____ Other Hrs to date: _____ + Hrs. in progress: _____ - 2x/HSFL/>24 _____ Hrs. remaining _____	AFTER THIS TERM: _____ Foundations _____ Approaches _____ Connections _____ Supplemental _____ Major 1 (hrs C _____) _____ Major /minor (hrs C _____) _____ Other Hrs to date: _____ + Hrs. in progress: _____ - 2x/HSFL/>24 _____ Hrs. remaining _____
Notes:	Notes:	Notes:	Notes: