

EXERCISE AND SPORTS SCIENCE (Fitness Professional Track) – BA (120 hrs)		
NAME	PID	Optional 2 nd Major or Minor

FOUNDATIONS

English Comp. and Rhetoric	Foreign Language* HSFL(s) _____	Quant. Reas. (QR)	Lifetime Fitness (LFIT)
ENGL 101 _____	1. _____	3. _____	(1hr.)
ENGL 102 _____	2. _____	4. _____	

* Through Level 3 unless placed into Level 4 of HSFL

APPROACHES

Phys. and Life Sciences (PL/PX) **	Social and Behavioral Sciences ***	Humanities/Fine Arts
CHEM 101 _____ 101L _____	Hist. Analysis (HS):	Vis. & Perf. Arts (VP):
BIOL 101 _____ 101L _____	Soc.Sci./Hist. Analysis. (SS/HS):	Literary Arts (LA):
	Soc.Sci./Hist. Analysis. (SS/HS):	Phil. Reasoning (PH):

** BIOC 107 also recommended.

*** From at least two departments.

CONNECTIONS

Communication Int. (CI)	Foreign Lang. Int. (FI)	Quant. Int. (QI) or 2nd Quant. Reas. (QR)	Exp. Education (EE)
BIOL 101/101L _____	N/A	EXSS 273 _____	
US Diversity (US)	North Atlantic World (NA)	World before 1750 (WB)	Beyond the NA (BN)
			Global Issues (GL)

SUPPLEMENTAL EDUCATION Distributive: must be >199 and from three divisions other than that of the primary major; may double with Connections

<input type="checkbox"/> Distributive <input type="checkbox"/> Integrative	1. _____ FA HUM NAT SSB	2. _____ FA HUM NAT SSB	3. _____ FA HUM NAT SSB
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MAJOR/MINOR/ELECTIVES

EXERCISE & SPORT SCIENCE (12 courses, 33 hours)♦	Optional Minor: _____	Electives	Electives
159 _____	376 _____		
175 _____	379 [pre-req. 159, 175, 276, 376] (1)		
181 _____	385 _____		
273 _____	410 _____		
276 (PL) [pre-req. 175] _____	412 [pre-req. 376] (2)		
360 _____	476 [Pre-req. 175, 276, PHYA 243] _____	♦ 18 hours ≥ C (not C-) needed in required major courses. No more than 45 hours of EXSS courses will count toward graduation.	
	(PHYA 243 req'd but no academic credit _____)		

Date/Advisor	Date/Advisor	Date/Advisor	Date/Advisor
AFTER THIS TERM: ____ Foundations ____ Approaches ____ Connections ____ Supplemental ____ Major 1 (hrs C ____) ____ Major /minor (hrs C ____) ____ Other Hrs to date: _____ + Hrs. in progress: _____ - 2x/HSFL/>24 _____ Hrs. remaining _____	AFTER THIS TERM: ____ Foundations ____ Approaches ____ Connections ____ Supplemental ____ Major 1 (hrs C ____) ____ Major /minor (hrs C ____) ____ Other Hrs to date: _____ + Hrs. in progress: _____ - 2x/HSFL/>24 _____ Hrs. remaining _____	AFTER THIS TERM: ____ Foundations ____ Approaches ____ Connections ____ Supplemental ____ Major 1 (hrs C ____) ____ Major /minor (hrs C ____) ____ Other Hrs to date: _____ + Hrs. in progress: _____ - 2x/HSFL/>24 _____ Hrs. remaining _____	AFTER THIS TERM: ____ Foundations ____ Approaches ____ Connections ____ Supplemental ____ Major 1 (hrs C ____) ____ Major /minor (hrs C ____) ____ Other Hrs to date: _____ + Hrs. in progress: _____ - 2x/HSFL/>24 _____ Hrs. remaining _____
Notes:	Notes:	Notes:	Notes: