

Biography of Edward M. Hallowell, M.D.

A graduate of Harvard College and Tulane School of Medicine, Dr. Hallowell is a child and adult psychiatrist and the founder of The Hallowell Center for Cognitive and Emotional Health in Sudbury, MA. He was a member of the faculty of the Harvard Medical School from 1983 to 2004.

Dr. Hallowell is considered to be one of the foremost experts on the topic of ADHD. He is the co-author, with Dr. John Ratey, of *Driven to Distraction*, and *Answers to Distraction*, which have sold more than a million copies. In 2005, Drs. Hallowell and Ratey released their much-awaited third book on ADHD, *Delivered from Distraction*. This book provides updated information on the treatment of ADHD and more on adult ADHD.

Dr. Hallowell is a highly recognized speaker and has presented on thousands of topics such as ADHD, strategies on handling your fast-paced life, the Childhood Roots of Adult Happiness and other pertinent family and health issues.

Dr. Hallowell lives in the Boston area with his wife, Sue, a social worker, and their three children.

Dr. Hallowell's web site can be found at www.drhallowell.com, where he also hosts two blogs.

RESOURCES

Transition from High School to College

BOOKS:

Barkin, C. (1999). When Your Kid Goes To College: A Parent's Survival Guide. New York, NY: Avon Books.

Brinkerhoff, L., McGuire, J., & Shaw, S. (2002). "Chapter 2: A Comprehensive Approach to Transition Planning." Postsecondary Education and Transition for Students with Learning Disabilities, Second Edition. Austin, Texas: Pro-Ed.

Johnson, H., & Schelhas-Miller, C. (2000). Don't Tell Me What to Do. Just Send Money. New York, NY: St Martin's Griffin.

Johnson, K & Hines, T. (2005) 100 Things Every College Student with a Disability Should Know. Williamsville, NY: Cambridge Statford Ltd.

Levine, M. (2005). Ready or Not Here Life Comes. New York, NY: Simon & Schuster.

Pasick, P. (1998). Almost Grown: Launching Your Child From High School to College. New York, New York: W.W. Norton and Company.

ONLINE:

KnowHow2go <http://www.knowhow2go.org/>

The Transition to College <http://advising.wichita.edu/lasac/pubs/aah/trans.htm>

College Search Process Websites

<http://www.Collegenet.com>

<http://www.Collegeview.com>

<http://www.Collegelink.com>

College Parents of America <http://www.collegeparents.org>

Education World: Kids and College <http://www.education-world.com/parents/college/index.shtml>

HEATH Resources: The National Clearinghouse on Postsecondary Issues for Individuals with Disabilities <http://www.heath.gwu.edu/>

National Center on Secondary Education and Transition for Youth with Disabilities <http://www.ncset.org>

Association on Higher Education and Disability <http://www.ahead.org>

DVD:

What the Silenced Say, An evening with Jonathan Mooney. Jonathan Mooney; Rebecca Golden, 2001.

Information on ADHD**BOOKS:**

Hallowell, E & Ratey, J. (2005). Delivered from Distraction. New York, NY: Ballantine Books.

Hallowell, E & Ratey, J. (1994). Driven to Distraction: Recognizing and Coping with Attention Deficit Disorder from Childhood through Adulthood. New York, NY: Simon & Schuster Trade.

Hallowell, E & Corman, C. (2006). Positively ADD- Real Success Stories to Inspire Your Dreams Walker Books for Young Readers.

Kelly, K & Ramundo Peggy, Hallowell, N, Forward by. (2006). You Mean I'm Not Lazy, Stupid or Crazy?!. Simon & Schuster Trade.

Quinn, P. (2000) ADD and the College Student: A Guide for High School and College Students with Attention Deficit Disorder-Revised. Washington, DC: Magination Press.

Quinn, P & Ratey, N. & Maitland, T.L. (2000). Coaching College Students with AD/HD: Issues and Answers. Washington DC: Advantage Books.

Quinn, P. & McCormick, A. (1998). Re-Thinking AD/HD: A Guide for Fostering Success in Students with AD/HD at the College Level. Silver Springs, MD: Advantage Books.

ONLINE:

CHADD-Children and Adults with Attention Deficit/ Hyperactivity Disorder. <http://www.chadd.org>

Attention Deficit Disorder Association. <http://www.add.org>

Information on Learning Disabilities

BOOKS:

Kravitz, M, & Wax, I. (2003). The K & W Guide to Colleges For The Learning Disabled: A Resource Book For Students, Parents, and Professionals. 7th Edition. New York: Princeton Review.

Mooney, J & Cole, D. (2000). Learning Outside the Lines. New York, NY : Simon & Schuster Adult Publishing Group.

ONLINE:

Learning Disabilities Association. <http://www.ldanatl.org/>

Schwab Learning <http://www.schwablearning.org>

Association on Higher Education and Disability <http://www.ahead.org>

The Gifts of LD and ADHD

BOOKS:

Chang, R. (2000). The Passion Plan: A Step-by-Step Guide to Discovering, Developing, and Living Your Passion. San Francisco, CA: Jossey-Bass.

Levine, M. (2002) A Mind At a Time. New York, NY: Simon & Schuster.

Mooney, J. (2007). The Short Bus A Journey Beyond Normal. New York, NY: Henry Holt and Company.

Rath, Tom. (2007). Strengths Finder 2.0. New York, NY: Gallup Press.

Walter, T., Siebert, A., & Smith, L. Student Success: How to Succeed in College and Still Have Time for Your Friends. New York, NY: Harcourt Brace College Publishers.

DVD:

Concrete Strategies for Teaching & Parenting Outside the Lines. Jonathan Mooney, 2006.