



## A useful web site for many with brain injuries

The Brain Spot is designed to be accessible and fun for persons who have varying abilities for processing written and visual content. This site was developed as part of a U.S. Department of Education, Rehabilitation Services Administration grant project titled, "Services and Support for Persons with Brain Injury" implemented by the Department of Recreation Leisure Studies at the University of North Carolina at Chapel Hill.

### How to find The Brain Spot

The Brain Spot is a web site that is available on the World Wide Web or Internet. If you have Internet access from a computer at home you may visit this site. Or, if you do not have a computer at home, look for a computer at a public library or local senior center. Most libraries in North Carolina now have public computers available for accessing the Internet.

This web site may be visited by typing the URL (this is the web site address) into the address bar or location bar on any Internet browser. The Brain Spot address is: [www.unc.edu/depts/recreate/spot](http://www.unc.edu/depts/recreate/spot)

If you are having difficulties finding this site on a library computer, you may show this address to a librarian and ask for their help.

### Finding your way around The Brain Spot



Many people choose to use a computer mouse to "click" their way around a web site. For new Internet users, this can sometimes be confusing but, not too difficult to learn. *The Brain Spot* includes a simple tutorial to help new Internet users learn to use a computer mouse for clicking on links and scrolling up and down pages.

*The Brain Spot* also includes a navigation bar to help make finding pages easier. The navigation bar runs along the top of each page and includes pictures to help users remember their choices.

### For users with limited reading skills

Portions of The Brain Spot have been used successfully by persons who have limited reading skills. These individuals can click on the pictures of the navigation bar and access online games. With minimal training, these individuals also can be send electronic greeting cards from the picture cues included in *The Brain Spot*.

## What is available on The Brain Spot



**People:** Links for a discussion board, sending email, and sending electronic greeting cards. The page includes tips for using a discussion board or for obtaining your own email address. You can also find guidelines for interacting safely on the Internet. The Kerr Lake Brain Injury support group of Henderson, NC meets weekly to post and respond to new questions on the discussion board.



**Games:** Links for games that are fun and help improve brain skills. There are memory games, puzzles, word games, thinking games, speed games, and suggestions for games that can be played with assistive technology such as switches or screen readers.



**Places:** Links to information about different places in most communities that you can use to stay active and have fun with friends. Information is included about equipment adaptations if a physical disability gets in one's way of participating. Memory games are included to help with terms and skills for each activity. More places and activities will be added this next year.



**Profiles:** Links to individuals' personal web pages, stories and support groups' pages. This page includes instructions and tips for creating and adding your own personal web page to *The Brain Spot*.



**Resources:** Links to other Internet sites that might have information that is interesting to you. It also has a link to a search engine that will help you search for other sites. For those new to using search engines, tips for using a simple search engine are included.

### Your feedback requested

Minimal information and resources are available regarding Internet use and persons with cognitive disabilities (such as memory impairments, changes in cognitive processing, and language impairments). *The Brain Spot* is not perfect, just a beginning step. Your feedback and suggestions are needed!

### Other web sites for more information:

Grant project: <http://www.unc.edu/depts/recreate/crds/SSPBI/>

Center for Recreation and Disability Studies: <http://www.unc.edu/depts/recreate/crds/>

Department of Recreation, UNC-CH: <http://www.unc.edu/depts/recreate/>

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