MEMORANDUM

TO: Alice Poehls  
   University Registrar

FROM: Lance Markos  
       Director of Compliance

SUBJECT: Student-Athlete’s Required Hours

DATE: April 10, 2008

NCAA rules dictate both the number of hours a student-athlete may be required to participate in their sport during a given week and the type of activities that count within the applicable limits. During the season, student-athletes may only participate in a maximum of 20 hours of countable athletically related activities per week with no more than four of those hours in any one day per NCAA Bylaw 17.1.6.1.

17.1.6.1 Daily and Weekly Hour Limitations -- Playing Season.
A student-athlete’s participation in countable athletically related activities (see Bylaw 17.02.1) shall be limited to a maximum of four hours per day and 20 hours per week.

The most common forms of countable athletically related activities include practice, competition, conditioning, and film review. There may, however, be other activities that are required of the student-athletes but are not considered to be athletically related activities as the NCAA defines them and, are therefore, not counted in the 20 hour weekly limit. Examples include, but are not limited to, study hall, team travel, and injury rehabilitation. NCAA Bylaw 17.02.1 defines countable athletically related activities:

17.02.1 Countable Athletically Related Activities.
Countable athletically related activities include any required activity with an athletics purpose involving student-athletes and at the direction of, or supervised by one or more of an institution’s coaching staff (including strength and conditioning coaches) and must be counted within the weekly and daily limitations. Administrative activities (e.g., academic meetings, compliance meetings) shall not be considered as countable athletically related activities.

While student-athletes may not be required to participate in more than 20 hours per week of countable athletically related activities, it is quite common for their involvement with their sport to exceed more than 20 hours per week due to the distinction made between countable and non-countable activities.

Cc: Robert Mercer