



*The Himalayan Society*



# Tibet: How People Live and Why

Alex Semilof, Ph.D.

Sherab Lama



# Medicine Buddha



# Chenrezig





White  
Dolma

Green  
Dolma



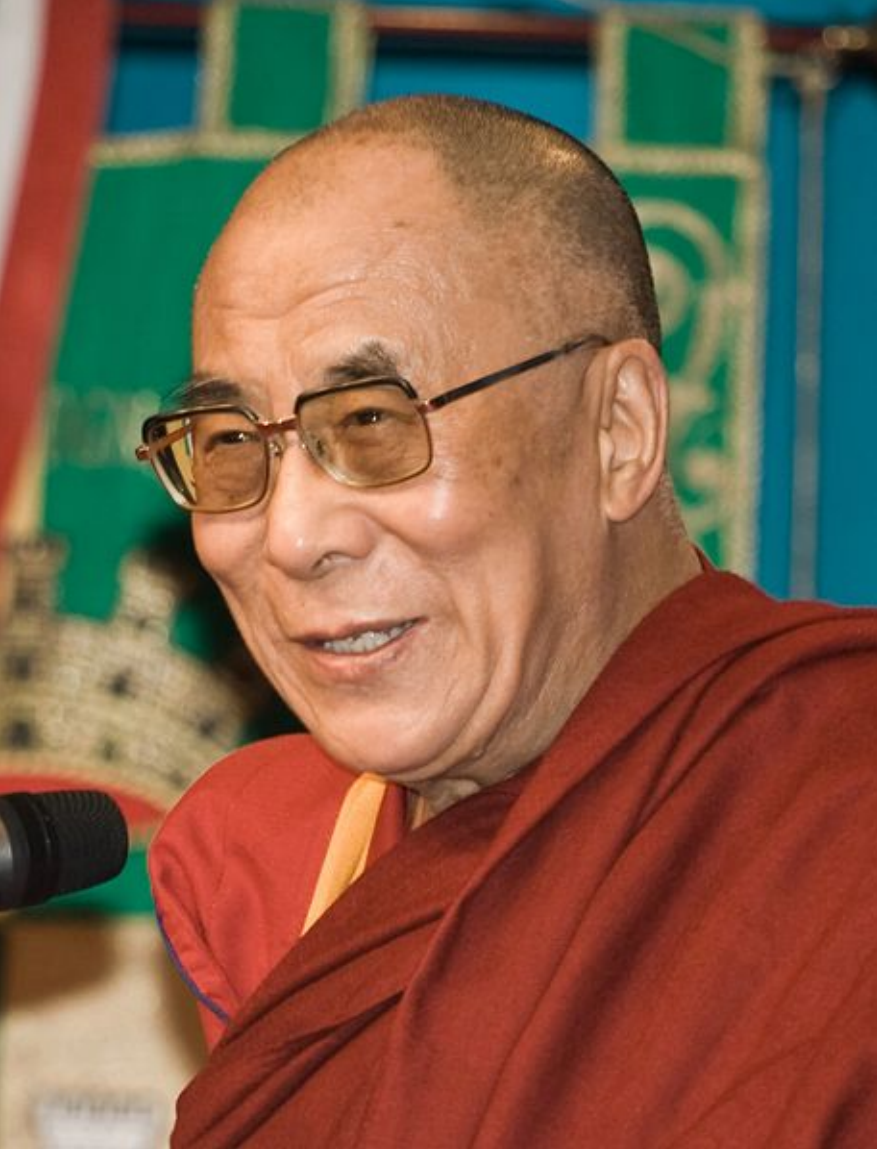
# Mahakala



Male = Method

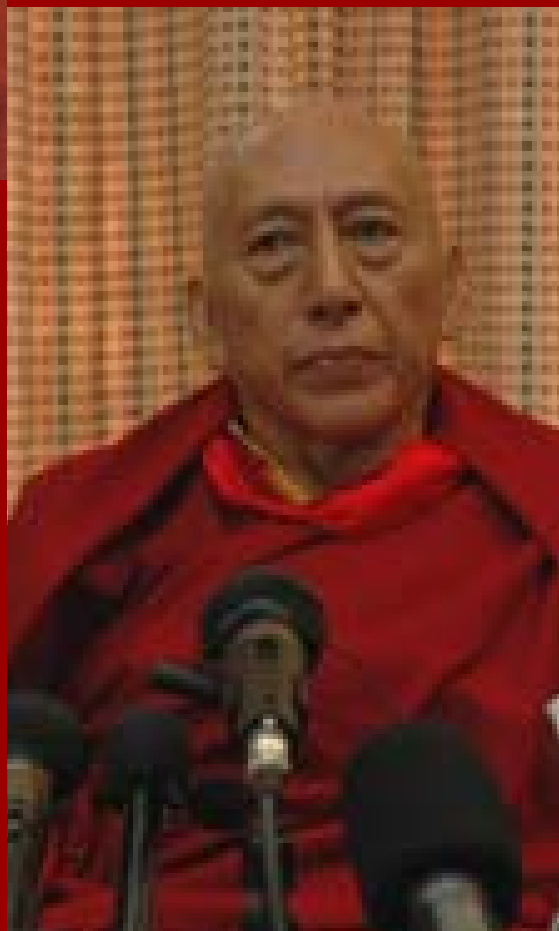
Female = Wisdom





HH the 14<sup>th</sup>  
Dalai Lama

Prime  
Minister  
Samdhong  
Rinpoche



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