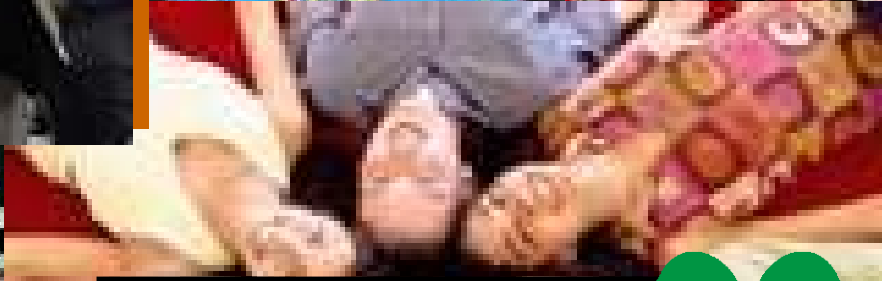




***After the Bell Rings: Engaging Latino Youth in Clubs and Other Extracurricular Activities***



*Presented by:  
Cintia Aguilar*





# ***Extracurricular Activities...***

***A must for child development.***

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- Opportunities to engage in extensions of academic activities and/or non-academic activities.
- Most studies find that children who participate in these activities are more successful academically than those who don't.



# Benefits...

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- **Academics:** participation in extracurricular activities enhances the intellectual development of students.
- **Character Building:** students learn character-building lessons that they can apply to their study habits and to their lives.
- **Life Skills:** students learn life skills that benefit their studies.





# Benefits...

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- **Students at Risk:** the borderline students who thoroughly enjoy their activities work hard to pass their classes in order that they may continue to participate.
- **Social:** Students learn how to compromise and work in a group. Also allows students to meet and interact with peers who may not be within their close group of friends.



# Benefits...

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- **Interaction:** Bring people together with those who are different as a way to break down the barriers between people. May also provide support from other students with same background.
- **College/Job Preparation:** It might make a positive impact on college, scholarship and job applications.

Reference:

<http://www.public.iastate.edu/~rhetoric/105H17/rhollrah/cof.html>

[http://kidshealth.org/teen/school\\_jobs/school/involved\\_school.html](http://kidshealth.org/teen/school_jobs/school/involved_school.html)



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# **EXTRACURRICULAR ACTIVITIES AND LATINO/HISPANIC STUDENTS**



# REMINDER...

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- Not all Latinos fit into one category: birth country, language skills, family history, immigration status, generation, etc.
- Commonalities and Diversity



# INVISIBLE

BY JANE MEDINA

If I stay still  
and breathe

very quietly,

the Magic happens:

I disappear

- and no one sees me

- and no one hears me

- and no one even thinks about me

And the teacher won't call on me

It's very safe

being invisible

I'm perfect!

I can't make mistakes

- at least

nobody sees them,

so nobody laughs.





# Challenges...

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- Concept might not be part of their culture and/or family experience.
- Need to “educate” students and families on the importance of extracurricular activities.
  - Identify a person/organization they can trust.



# Option to Empower Latino/Hispanic Students

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- Facilitate the students' process of transitioning into the American society by allowing students to negotiate their identities in a empowering rather than a disempowering manner – AIM Clubs Experience \*

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\* Crawford, R. Negotiating Identities of Mexican-American Migrant Students Through Their Participation in the Migrant Student Aim Club: A Case Study. 2003



# EXTRACURRICULAR ACTIVITIES OPTIONS

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- Afterschool Programs
- Sports
- Community base
- Volunteer programs
- Mentoring programs
- Clubs:



The 4-H Youth Development Program





# 4-H Mission and Vision

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- The goal of 4-H is to assist youth and adults in becoming competent, coping, and contributing members of a global society, developing essential life skills through planned “learn by doing” experiences.

# 4-H Facts



- 4-H Motto: ***To Make the Best Better***

- 4-H Pledge:

***I pledge my HEAD to clearer thinking,  
my HEART to greater loyalty, my HANDS  
to larger service, and my HEALTH to  
better living, for my club, my community,  
my country, and my world.***



# What is Youth Development

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“A process in which all young people are engaged in meeting their physical, personal, and social needs while building competencies that prepare them for success in their present lives and the future.”

# 4-H Youth Development Overview





# 4-H PROGRAM OPPORTUNITIES

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- Community Club
- Project Club
- Special Interest Programs
- After school
- Camp
- School Enrichment Programs

***Oneness, not Sameness!***



# 4-H CLUB PROGRAM

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- At least five members
- Youth ages 5 to 19
- Non-formal educational program
- Volunteer leaders who are responsible for the organizational needs and programs of the club
- Meet at least once a month in a safe location



# SPECIAL INTEREST PROGRAMS

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- Short-term programs, usually 6 hours
- Day Camps
- Occur throughout community:
  - Day care centers
  - Other community organizations
  - Schools



# AFTERSCHOOL PROGRAMS

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- Training to afterschool providers
- Use 4-H curriculum in afterschool setting
- Operate own 4-H afterschool programs



# CAMP

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- 5 camp facilities in NC
- County groups and open enrollment
- 24hr life skills development
- Specialty Camps
- Science Camp in Northeast District



# SCHOOL ENRICHMENT

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- Programs taught in the classroom
- Aligns with NC Standard Course of Study
- Train teachers to implement
- Curriculum includes: Embryology, Soil Solutions, Vermicomposting, Electricity, and more



# COMPETITIVE OPPORTUNITIES FOR YOUTH

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- Projects and Project Records
- Presentations
- Cumulative Records
- 4-H Entertains
- Fashion Revue
- Public Speaking
- Judging Teams
- Food Shows
- Livestock Shows
- Others



# MULTICULTURAL CLUB

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- Provide opportunities for its members to learn and experience aspects of various cultures of the United States and other countries.
- It is a 4-H club, whose members are interested in learning about other cultures.
- Participants work on a specific topic or project, such as learning to dance music from other countries, learning to speak a different language, organizing multicultural activities, etc.



# *Latino/Hispanic Youth Community Resources...*

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- ★ College Foundation of North Carolina.  
Donna Weaver, Spanish Service Coordinator  
E-mail: [Dlweaver@northcarolina.edu](mailto:Dlweaver@northcarolina.edu)  
Phone: 336-256-0470(of) 919-799-3779(cell)
- ★ N.C. Society of Hispanic Professional  
Marco Zarate, President  
E-mail: [mailbox@TheNCSHP.org](mailto:mailbox@TheNCSHP.org)  
Phone: 919-467-8424



# *Latino/Hispanic Youth Community Resources...*

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★ El Pueblo, Inc.

Amanda Giese, Higher Education Coordinator

E-mail: [amanda@elpueblo.org](mailto:amanda@elpueblo.org)

Phone: 919-835-1525

★ Adelante Education Coalition

[www.adelantenc.org](http://www.adelantenc.org)

Melinda Wiggins, Student Action with  
Farmworkers, 919-660-3616 or

[mwiggins@duke.edu](mailto:mwiggins@duke.edu)

Ivan Kohar Parra, NC Latino Coalition, 919-  
225-1673 or [kmparra@aol.com](mailto:kmparra@aol.com)



***Be a pioneer...***

***start a multicultural club!***

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**Questions, comments?**





# Contact Information

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N.C. 4-H Website

<http://www.nc4h.org>

