After the Bell Rings: Engaging Latino Youth in Clubs and Other Extracurricular Activities

Presented by: Cintia Aguilar
Extracurricular Activities... A **must for child development**.

- Opportunities to engage in extensions of academic activities and/or non-academic activities.
- Most studies find that children who participate in these activities are more successful academically than those who don't.
Benefits...

- **Academics**: participation in extracurricular activities enhances the intellectual development of students.

- **Character Building**: students learn character-building lessons that they can apply to their study habits and to their lives.

- **Life Skills**: students learn life skills that benefit their studies.
Benefits...

- **Students at Risk:** the borderline students who thoroughly enjoy their activities work hard to pass their classes in order that they may continue to participate.

- **Social:** Students learn how to compromise and work in a group. Also allows students to meet and interact with peers who may not be within their close group of friends.
Benefits...

- **Interaction:** Bring people together with those who are different as a way to break down the barriers between people. May also provide support from other students with same background.

- **College/Job Preparation:** It might make a positive impact on college, scholarship and job applications.

Reference:

http://www.public.iastate.edu/~rhetoric/105H17/rhollrah/cof.html
http://kidshealth.org/teen/school_jobs/school/involved_school.html
EXTRACURRICULAR ACTIVITIES AND LATINO/HISPANIC STUDENTS
REMINDER…

- Not all Latinos fit into one category: birth country, language skills, family history, immigration status, generation, etc.
- Commonalities and Diversity
INVISIBLE

BY JANE MEDINA

If I stay still
and breathe
    very quietly,
the Magic happens:
    I disappear
    - and no one sees me
    - and no one hears me
    - and no one even thinks about me
    And the teacher won’t call on me
It’s very safe
    being invisible
    I’m perfect!
I can’t make mistakes
    - at least
    nobody sees them,
    so nobody laughs.
Challenges...

- Concept might not be part of their culture and/or family experience.
- Need to “educate” students and families on the importance of extracurricular activities.
  - Identify a person/organization they can trust.
Facilitate the students’ process of transitioning into the American society by allowing students to negotiate their identities in an empowering rather than a disempowering manner – AIM Clubs Experience *

* Crawford, R. Negotiating Identities of Mexican-American Migrant Students Through Their Participation in the Migrant Student Aim Club: A Case Study. 2003
EXTRACURRICULAR ACTIVITIES

OPTIONS

- Afterschool Programs
- Sports
- Community base
- Volunteer programs
- Mentoring programs
- Clubs:
  The 4-H Youth Development Program
The goal of 4-H is to assist youth and adults in becoming competent, coping, and contributing members of a global society, developing essential life skills through planned “learn by doing” experiences.
4-H Facts

- 4-H Motto: *To Make the Best Better*

- 4-H Pledge:

  I pledge my HEAD to clearer thinking, my HEART to greater loyalty, my HANDS to larger service, and my HEALTH to better living, for my club, my community, my country, and my world.
What is Youth Development

“A process in which all young people are engaged in meeting their physical, personal, and social needs while building competencies that prepare them for success in their present lives and the future.”
4-H Youth Development Overview

Targeting Life Skills

Heart
- Caring
- Empathy
- Selflessness

Hands
- Community Service
- Volunteering
- Responsibility

Head
- Communication
- Cooperation
- Conflict Resolution

Health
- Living
- Health
- Resiliency

Being
- Learning
- Problem Solving
- Decision Making

Living
- Social Skills
- Choosing Wisely
- Keeping Records

Working
- Self-motivation
- Teamwork
- Self-esteem

Thinking
- Critical Thinking
- Planning/Organizing
- Goal Setting

Managing
- Resilience
- Managing Feelings
- Self-discipline

Relating
- Empathy
- Selflessness
- Teamwork

Overview
- Understanding Differences
- Empathy
- Selflessness
- Self-motivation
- Teamwork
- Self-esteem
- Self-discipline
- Managing Feelings
- Resilience
- Learning
- Problem Solving
- Decision Making
- Critical Thinking
- Planning/Organizing
- Goal Setting
- Communication
- Cooperation
- Conflict Resolution
- Social Skills
- Choosing Wisely
- Keeping Records
- Community Service
- Volunteering
- Responsibility
4-H PROGRAM OPPORTUNITIES

- Community Club
- Project Club
- Special Interest Programs
- After school
- Camp
- School Enrichment Programs

*Oneness, not Sameness!*
4-H CLUB PROGRAM

- At least five members
- Youth ages 5 to 19
- Non-formal educational program
- Volunteer leaders who are responsible for the organizational needs and programs of the club
- Meet at least once a month in a safe location
SPECIAL INTEREST PROGRAMS

- Short-term programs, usually 6 hours
- Day Camps
- Occur throughout community:
  - Day care centers
  - Other community organizations
  - Schools
AFTERSCHOOL PROGRAMS

- Training to afterschool providers
- Use 4-H curriculum in afterschool setting
- Operate own 4-H afterschool programs
CAMP

- 5 camp facilities in NC
- County groups and open enrollment
- 24hr life skills development
- Specialty Camps
- Science Camp in Northeast District
SCHOOL ENRICHMENT

- Programs taught in the classroom
- Aligns with NC Standard Course of Study
- Train teachers to implement
- Curriculum includes: Embryology, Soil Solutions, Vermicomposting, Electricity, and more
COMPETITIVE OPPORTUNITIES FOR YOUTH

- Projects and Project Records
- Presentations
- Cumulative Records
- 4-H Entertains
- Fashion Revue

- Public Speaking
- Judging Teams
- Food Shows
- Livestock Shows
- Others
MULTICULTURAL CLUB

- Provide opportunities for its members to learn and experience aspects of various cultures of the United States and other countries.

- It is a 4-H club, whose members are interested in learning about other cultures.

- Participants work on a specific topic or project, such as learning to dance music from other countries, learning to speak a different language, organizing multicultural activities, etc.
Latino/Hispanic Youth Community Resources...

✿ College Foundation of North Carolina.
  Donna Weaver, Spanish Service Coordinator
  E-mail: Dlweaver@northcarolina.edu
  Phone: 336-256-0470(of) 919-799-3779(cell)

✿ N.C. Society of Hispanic Professional
  Marco Zarate, President
  E-mail: mailbox@TheNCSHP.org
  Phone: 919-467-8424
Latino/Hispanic Youth Community Resources...

❖ El Pueblo, Inc.
  Amanda Giese, Higher Education Coordinator
  E-mail: amanda@elpueblo.org
  Phone: 919-835-1525

❖ Adelante Education Coalition
  www.adelantenc.org
  Melinda Wiggins, Student Action with Farmworkers, 919-660-3616 or mwiggins@duke.edu
  Ivan Kohar Parra, NC Latino Coalition, 919-225-1673 or kmparra@aol.com
Be a pioneer...
start a multicultural club!

Questions, comments?
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N.C. 4-H Website
http://www.nc4h.org