

**CURRICULUM VITAE**  
**Karen M. Gil, Ph.D.**

**Primary academic appointment:**

Dean, College of Arts and Sciences  
 Lee G. Pedersen Distinguished Professor, Department of Psychology  
 205 South Building, CB # 3100  
 University of North Carolina at Chapel Hill, Chapel Hill, NC 27599  
 (919)-962-3082 (Dean's office phone number)  
 (919)-962-2408 (fax)  
 kgil@email.unc.edu

**Secondary academic appointments:**

Professor  
 Department of Psychiatry, University of North Carolina School of Medicine

Adjunct Associate Professor  
 Department of Psychiatry and Behavioral Sciences, Duke University Medical Center

**Specialty certification:** Licensed Practicing Psychologist North Carolina (#1294)

**Education**

B.A. Psychology with Highest Honors	State University of New York at Stony Brook, 1978
M.A. Clinical Psychology	West Virginia University, 1982
Ph.D. Clinical Psychology	West Virginia University, 1985
Clinical Psychology Internship	Duke University Medical Center 1984-1985

**Previous professional positions and academic career**

Senior Associate Dean, Social Sciences and International Programs, UNC-Chapel Hill, 2007-2009

Gillian T. Cell Distinguished Term Professor, University of North Carolina at Chapel Hill, 2005-2008

Chair, Department of Psychology, University of North Carolina at Chapel Hill, 2004- 2007

Senior Associate Dean, Undergraduate Education, University of North Carolina at Chapel Hill, 2001-2004

Professor, Department of Psychology, University of North Carolina at Chapel Hill, 2000- present

Associate Professor, University of North Carolina at Chapel Hill, Department of Psychology, 1995-2000

Associate Professor of Medical Psychology, Duke University Medical Center, 1992-1995

Associate Professor of Psychology -Social and Health Sciences, Duke University, 1994-1995

Assistant Professor of Psychology -Social and Health Sciences, Duke University 1991-1993

Assistant Professor of Medical Psychology, Duke University Medical Center, 1986-1992

Post-Doctoral Fellowship/Clinical Associate, Duke University Medical Center, 1985-1986

**RESEARCH GRANTS AND PROFESSIONAL AWARDS****Research Grants**

- NIH NIAMS R01 AR053845-01A2 Electronic Diary Assessment of Pain in Juvenile Arthritis. Laura Schanberg, M.D., Duke (Principal Investigator), **Karen M. Gil, Ph.D.** (Co-Investigator/Consultant). Annual direct costs: \$261,000 (08/13/2008—06/30/2011).
- NIH R21 NR009993 Perceptual and Cognitive Processing of Pain in Sickle Cell Disease. Mark Hollins, Ph.D. (Principal Investigator), **Karen M. Gil, Ph.D.** (Co-Investigator). Annual direct costs: \$125,000. (07/01/2007-06/30/2009).
- NIH NINR1 R01 2R01CA078955 Young Breast Cancer Survivors: Managing Uncertainty. Merle H. Mishel, Ph.D. (Principal Investigator), **Karen M. Gil, Ph.D.** (Co-Investigator). Annual direct costs: \$350,224. (08/11/2006-03/31/2010).
- American College of Rheumatology. Graduate Student Research Preceptorship Award for Maggie Hood Bromberg. Karen M. Gil, Ph.D. (Faculty Sponsor). Annual direct costs: \$7,000. (2008)
- NIH 1 F31 CA106211 Cancer Survivorship. NRSA Predoctoral Training Fellowship for Edward Morrill. **Karen M. Gil, Ph.D.** (Faculty Sponsor). Annual direct costs: \$29,000. (09/01/03-09/30/08).
- NIH NCI 1 R01 CA78955-01A1 Managing Uncertainty in Older Breast Cancer Survivors. Merle H. Mishel, Ph.D. (Principal Investigator), **Karen M. Gil, Ph.D.** (Co-Investigator). Annual direct costs: \$319,628. (04/01/1999-03/31/2005).
- NIH NHLBI 1 R01 HL62172 Daily Stress, Coping, and Pain in Sickle Cell Disease, **Karen M. Gil, Ph.D.** (Principal Investigator). Annual direct costs: \$104,000. (03/01/2000-2/28/2005).
- NIH NHLBI 5 R01 HL62172 Daily Stress, Coping, and Pain in Sickle Cell Disease, Minority Graduate Research Supplement for Jawana Ready. **Karen M. Gil, Ph.D.** (Principal Investigator). Annual direct costs: \$29,000. (06/01/2000-2/28/2004)
- Arthritis Foundation Research Award. Parent Perceptions of Child Vulnerability in Children with Chronic Illness. Dissertation Research Award for Kelly K. Anthony. **Karen M. Gil, Ph.D.** (Faculty Sponsor). Annual direct costs: \$10,000. (07/01/2001-6/30/2003).
- Arthritis Foundation Grant (Laura Schanberg, M.D., Duke Principal Investigator; **Karen M. Gil, Ph.D.**, UNC Principal Investigator). Daily Stress in Pediatric Rheumatic Disease. Annual direct costs: \$14,000. (07/01/00-06/30/02).
- NIH NHLBI 1 R01 HL 46953 Pain Threshold and Tolerance in Sickle Cell Disease. **Karen M. Gil, Ph.D.** (Principal Investigator). Annual direct costs: \$120,181 (05/01/1992-04/30/1995). Competitive renewal approved 05/01/1995-04/30/1998. No cost extension approved 05/01/1998-04/30/2000.
- Fetzer Institute. Predictors of Response to Coping Skills Training in Children, Adolescents, and Adults with Sickle Cell Disease Pain. **Karen M. Gil, Ph.D.** (Principal Investigator). Annual direct costs: \$40,000 (08/01/1999-07/31/2000).
- NIH NHLBI P60HL28391. Comprehensive Sickle Cell Center. Wendell Rosse, M. D., Thomas Kinney, M. D. (Principal Investigators). Project VI.B.2: Enhancing Pain Coping in Sickle Cell Disease. **Karen M. Gil, Ph.D.** (Principal Investigator). Annual direct costs: \$61,523. (04/01/93-03/31/98).

Arthritis Foundation GCID #11757. Pain Coping Strategies in Juvenile Primary Fibromyalgia Syndrome. Laura Schanberg, M.D. (Principal Investigator) **Karen M. Gil, Ph.D.** (Co-Investigator) Annual direct costs: \$69,257 (07/01/94-06/30/97).

NIH NHLBI 1 R29 HL 39124-05. Sickle Cell Disease: Analysis of Pain Coping Strategies. **Karen M. Gil, Ph.D.** (Principal Investigator). Annual direct costs: \$75,073 (07/01/87 to 6/30/92).

MacArthur Foundation Grant. Stress and Atopic dermatitis. Francis J. Keefe, Ph.D. (Principal Investigator). Annual direct costs: \$18,000 (1/1/85 to 12/30/86).

### **Honors, Awards, and Fellowships**

Institute of Arts and Humanities Academic Leadership Fellow, UNC Chapel Hill, 2006-present.

Center for Creative Leadership Fellow. Greensboro, North Carolina. Sponsored by the UNC Chapel Hill, October 2006.

Gillian T. Cell Distinguished Professorship, College of Arts and Sciences, UNC Chapel Hill, 2005-2009.

Logan Wright Distinguished Research Award, American Psychological Association, Division 54, The Society of Pediatric Psychology, 2003.

Charter Fellow, American Psychology Association, Society of Pediatric Psychology, 2001-present.

Fellow, Society of Behavioral Medicine, 1998-present.

Outstanding Contributions to Health Psychology Award, American Psychological Association, Division 38, Health Psychology, 1996.

Fellow, American Psychological Association, Division of Health Psychology, 1995-present.

### Sigma Xi

NIMH Pre-doctoral training fellowship, West Virginia University (8/80-7/81).

B.A with Highest Honors, and Outstanding Student in Psychology, State University of New York, Stony Brook, NY (May, 1978).

### **TEACHING**

#### Undergraduate Courses

Stress Management (First Year Seminar)  
Health Psychology  
Research Methods in Health Psychology  
Behavioral Medicine

#### Graduate Courses

Child and Family Therapy  
Advanced Study in Stress Management  
Human Behavior  
Seminar in Behavioral Medicine

## **PUBLICATIONS**

*\* indicates graduate student, undergraduate student, or post-doctoral fellow as co-author*

### **Refereed Journals**

- Hollins, M., \*Stonerock, G.L., \*Kisaalita, N. R., Jones, S., Orringer, E., Gil, K. M. (in press). Detecting the emergence of chronic pain in sickle cell disease. Journal of Pain and Symptom Management.
- \*Bromberg, M. H., Gil, K. M., & Schanberg, L. E. (in press). Daily sleep quality and mood as predictors of pain in children with juvenile polyarticular arthritis. Health Psychology.
- Anthony, K. K., \*Bromberg, M. H., Gil, K. M., & Schanberg, L. E. (2011). Parental perceptions of child vulnerability and parent stress as predictors of pain and adjustment in children with chronic arthritis. Children's Health Care, 53-69.
- Connelly, M., Anthony, K. K., \*Sarniak, R., \*Bromberg, M. H., Gil, K. M., & Schanberg, L. E. (2010). Parent pain responses as predictors of daily activities and mood in children with juvenile idiopathic arthritis: The utility of electronic diaries. Journal of Pain and Symptom Management, 39 (3), 579-590.
- \*Valrie, C. R., Gil, K. M., Redding-Lallinger, R., & Daeschner, C. (2008). Daily mood as a mediator or moderator of the pain-sleep relationship in children with sickle cell disease. Journal of Pediatric Psychology, 32, 857-861.
- \*Valrie, C. R., Gil, K. M., Redding-Lallinger, R., & Daeschner, C. (2007). The influence of pain and stress on sleep in children with sickle cell disease. Children's Health Care, 36, 335-353.
- \*Carson, J. W., Carson, K. M., Gil, K. M., & Baucom, D. H. (2007). Self-expansion as a mediator of relationship improvements in a mindfulness intervention. Journal of Marriage and Family Therapy, 33, 517-528.
- \*Valrie, C. R., Gil, K. M., Redding-Lallinger, R., & Daeschner, C. (2007). Sleep in children with sickle cell disease: An analysis of daily diaries utilizing multilevel models. Journal of Pediatric Psychology, 32, 857-861.
- \*Pence, L.B., \*Valrie, C. R., Gil, K. M., Redding-Lallinger, R., & Daeschner, C. (2007). Optimism predicting daily pain medication use in adolescents with sickle cell disease. Journal of Pain and Symptom Management, 33, 302-309.
- Gil, K. M., Mishel, M. H., Belyea, M., Germino, B., Porter, L.S., & Clayton, M. (2006). Benefits of the uncertainty management intervention for African American and Caucasian older breast cancer survivors: 20-month outcomes. International Journal of Behavioral Medicine, 13, 285-294.
- Bauer, D. J., Preacher, K. J., & Gil, K. M. (2006). Conceptualizing and testing random indirect effects and moderated mediation in multilevel models: New procedures and recommendations. Psychological Methods, 11, 142-163.

- Porter, L. S., Clayton, M. F., Belyea, M., Gil, K. M., Germino, B. B., & Mishel, M. (2006). Predicting negative mood state and personal growth in African American and Caucasian long term breast cancer survivors. Annals of Behavioral Medicine, 31, 195-204.
- Gil, K. M., Mishel, M. H., Germino, B., Porter, L.S., Carlton-LaNey I., & Belyea, M. (2005). Uncertainty management intervention for older African American and Caucasian long-term breast cancer survivors. Journal of Psychosocial Oncology, 23, 3-21.
- Mishel, M. H., Germino, B. B., Gil, K. M., Belyea, M., Carlton-LaNey, I., Stewart, J., Porter, L., & Clayton, M. (2005). Benefits from an uncertainty management intervention for older long term breast cancer survivors. Psycho-oncology, 14, 962-978.
- Schanberg, L. E., Gil, K. M., \*Anthony, K.K., Yow, E., & Rochon, J. (2005). Pain, stiffness, and fatigue in juvenile polyarticular arthritis: Contemporaneous stressful events and mood as predictors. Arthritis and Rheumatism, 52, 1196-1204.
- Smith, W.R., Bovbjerg, V.E., Penberthy, L.T., McClish, D.K., Levenson, J.L., Roberts, J.D., Gil, K., Roseff, S.D., & Aisiku, I.P. (2005). Understanding pain and improving management of sickle cell disease: the PiSCES Study. Journal of the National Medical Association, 97, 183-193.
- Gil, K. M., \*Carson, J. W., \*Porter, L. S., \*Scipio, C, \*Bediako, S. M., & Orringer, E. (2004). Daily mood and stress predict pain, health care use, and work activity in African American adults with sickle cell disease. Health Psychology, 23, 267-274.
- Gil, K. M., Mishel, M. H., Belyea, M., Germino, B., Porter, L.S., Carlton-LaNey, I., & Stewart, J. (2004). Triggers of uncertainty about recurrence and long term treatment side effects in older African American and Caucasian breast cancer survivors. Oncology Nursing Forum, 31, 633-639.
- \*Carson, J. W., Carson, K. M., Gil, K. M., & Baucom, D. H. (2004). Mindfulness-based relationship enhancement. Behavior Therapy, 35, 471-494.
- \*Yacono Freeman, L. M., & Gil, K. M. (2004). Daily stress, coping, and dietary restraint in binge eating. International Journal of Eating Disorders, 36, 204-212.
- Gil, K. M., \*Carson, J. W., \*Porter, L. S., \*Ready, J., \*Valrie, C., Redding-Lallinger, R., & Daeschner, C. (2003). Daily stress and mood and their association with pain, health care use, and school activity in adolescents with sickle cell disease. Journal of Pediatric Psychology, 28, 363-373.
- \*Anthony, K. K., Gil, K. M., & Schanberg, L. E. (2003). Parental perceptions of child vulnerability in children with chronic illness. Journal of Pediatric Psychology, 28, 185-190.
- Schanberg, L. E., \*Anthony, K. K., Gil, K. M., & \*Maurin, E. C. (2003). Daily pain and symptoms in children with polyarticular arthritis. Arthritis and Rheumatism, 48, 1390-1397.
- Gil, K. M., \*Anthony, K. K., \*Carson, J. W., Redding-Lallinger, R., Daeschner, C. W., & Ware, R. E. (2001). Daily coping practice predicts treatment effects in children with sickle cell disease. Journal of Pediatric Psychology, 26, 163-173.

- Schanberg, L. E., \*Anthony, K.K., Gil, K. M., Lefebvre, J. C., Kredich, D. W., \*Macharoni, L. M. (2001). Family pain history impacts child health status in children with chronic rheumatic disease. Pediatrics, 108(3): <http://www.pediatrics.org/cgi/content/full/108/3/e47>.
- Gil, K. M., \*Carson, J. W., \*Sedway, J. A., \*Porter, L. S., \*Wilson Schaeffer, J. J., & Orringer, E. (2000). Follow-up of coping skills training in adults with sickle cell disease: Analysis of daily pain and coping practice diaries. Health Psychology, 19, 85-90.
- Gil, K. M., \*Porter, L. S., \*Ready, J., \*Workman, E., \*Sedway, J., & \*Anthony, K. (2000). Pain in children and adolescents with sickle cell disease: An analysis of daily pain diaries. Children's Health Care, 29, 225-241.
- \*Grant, M., M., Gil, K. M., Floyd, M. Y., & Abrams, M. (2000). Depression and functioning in relation to health care use in sickle cell disease. Annals of Behavioral Medicine, 22, 149-157.
- Schanberg, L. E., Jacobs, M. R., Starr, K., Gil, K. M., Lefebvre, J. C., & Keefe, F. J. (2000) The relationship of daily mood and stressful events to symptoms in juvenile rheumatic disease. Arthritis Care and Research, 13, 33-41.
- \*Porter, L. S., Gil, K. M., \*Carson, J. W., \*Anthony, K. K., & \*Ready, J. (2000). The role of stress and mood in sickle cell disease pain. Journal of Health Psychology, 5(1) 53-63.
- Thompson, R. J., Gustafson, K. E., Gil, K. M., Kinney, T. R., Spock, A. (1999). Change in the psychological adjustment of children with cystic fibrosis or sickle cell disease and their mothers. Journal of Clinical Psychology in Medical Settings, 6, 373-392..
- \*Wilson Schaeffer, J. J., Gil, K. M., Burchinal, M., Kramer, K. D., Nash, K.B., Strayhorn, D., & Orringer, E. (1999). Depression, disease severity and sickle cell disease. Journal of Behavioral Medicine, 22, 115-126.
- \*Porter, L. S., Gil, K. M., \*Sedway, J. A., \*Ready, J., \*Workman, E., & Thompson, R. J. (1998). Pain and stress in sickle cell disease: An analysis of daily pain records. International Journal of Behavioral Medicine, 5, 185-203.
- Schanberg, L. E., Keefe, F. J., Lefebvre, J. C., Kredich, D. W., & Gil, K. M. (1998). Social context of pain in children with juvenile primary fibromyalgia syndrome: Parental pain history and family environment. Clinical Journal of Pain, 14, 107-115.
- Thompson, R. J., Gustafson, K. E., Gil, K. M., Godfrey, J., & Murphy, L. M. B. (1998). Illness specific patterns of adjustment and cognitive adaptational processes in children with cystic fibrosis and sickle cell disease. Journal of Clinical Psychology, 54, 121-128.
- Schanberg, L. E., Keefe, F. J., Lefebvre, J. C., Kredich, D. W., & Gil, K. M. (1997). Pain coping and the pain experience in children with juvenile chronic arthritis. Pain, 73, 181-189.
- Gil, K. M., \*Wilson, J. J., \*Edens, J. L., \*Workman, E., \*Ready, J., \*Sedway, J., Redding-Lallinger, R., & Daeschner, W. C. (1997). Cognitive coping skills training in children with sickle cell disease. International Journal of Behavioral Medicine, 4, 365-378.

- Gil, K. M., \*Edens, J. L., \*Wilson, J. J., \*Raezer, L. B., Kinney, T. R., Schultz, W. H., & Daeschner, C. (1997). Coping strategies and laboratory pain in children with sickle cell disease. Annals of Behavioral Medicine, 19, 22-29.
- Gil, K. M., \*Wilson, J. J., & \*Edens, J. L. (1997). The stability of pain coping strategies in young children, adolescents, and adults with sickle cell disease over an 18-month period. The Clinical Journal of Pain, 13, 110-115.
- \*Wilson, J. J., Gil, K. M., & \*Raezer, L. B. (1997). Self-evaluation, coping and depressive affect in African American adults with sickle cell disease. Cognitive Therapy and Research, 21, 443-457.
- Schanberg, L. E., Keefe, F. J., Lefebvre, J. C., Kredich, D. W., & Gil, K. M. (1996). Pain coping strategies in children with juvenile primary fibromyalgia syndrome: Correlation with pain, physical disability, and psychological distress. Arthritis Care and Research, 9, 89-96.
- Gil, K. M., \*Wilson, J. J., \*Edens, J. L., \*Webster, D. A., Abrams, M. A., Orringer, E., \*Grant, M. M., Clark, W. C., & Janal, M. N. (1996). The effects of cognitive coping skills training on coping strategies and experimental pain sensitivity in African American adults with sickle cell disease. Health Psychology, 15, 3-10.
- Thompson, R. J., Gil, K. M., Abrams, M. R., & Phillips, G. (1996). Psychological adjustment of adults with sickle cell anemia: Stability over 20 months, correlates and predictors. Journal of Clinical Psychology, 52, 253-261.
- \*Wilson, J. J., & Gil, K. M. (1996). The efficacy of psychological and pharmacological treatment of chronic disease-related and non-disease-related pain. Clinical Psychology Review, 16, 573-597.
- Gil, K. M., Phillips, G., \*Webster, D. A., \*Martin, N. J., Abrams, M., \*Grant, M., Clark, W. C., & Janal, M. N. (1995). Experimental pain sensitivity and reports of negative thoughts in adults with sickle cell disease. Behavior Therapy, 26, 273-293.
- \*Edens, J. L. & Gil, K. M. (1995). Experimental pain induction: Utility in clinical pain research. Behavior Therapy, 26, 197-216.
- Ginsberg, B., Gil, K. M., Muir, M., Sullivan, F., \*Williams, D. A., & Glass, P. S. A. (1995). The influence of lockout intervals and drug selection on patient controlled analgesia following gynecological surgery. Pain, 62, 95-100.
- Spirito, A., Stark, L. J., Gil, K. M., & Tyc, V. (1995). Coping with everyday and disease-related stressors by chronically ill children and adolescents. Journal of the American Academy of Child and Adolescent Psychiatry, 34, 283-290.
- Gil, K. M., Phillips, G., \*Edens, J., \*Martin, N. J., & Abrams, M. A. (1994). Observation of pain behaviors during episodes of sickle cell disease pain. Clinical Journal of Pain, 10, 128-132.
- Gil, K. M. (1994). Behavioral assessment of sickle cell disease pain. Journal of Health and Social Policy, 5, 19-38.
- Thompson, R. J., Gil, K. M., Gustafson, K. E., George, L. K., Keith, B. R., Spock, A., Kinney, T. R., (1994). Stability and change in the psychological adjustment of mothers of children and adolescents with cystic fibrosis and sickle cell disease. Journal of Pediatric Psychology, 19, 171-188.

- Thompson, R. J., Gil, K. M., Keith, B. R., Gustafson, K. E., George, L. K., Kinney, T. R., (1994). Psychological adjustment of children with sickle cell disease: Stability and change over a 10-month period. Journal of Consulting and Clinical Psychology, *62*, 856-860.
- Gil, K. M., Thompson, R. J., Keith, B. R., \*Tota-Faucette, M., Noll, S., & Kinney, T. R. (1993). Sickle cell disease pain in children and adolescents: Change in pain frequency and coping strategies over time. Journal of Pediatric Psychology. *18*, 621-637.
- Article ranked 51<sup>st</sup> on the list of highly cited “classic” articles in the *Journal of Pediatric Psychology*. Aylward, B.S. et al. (2008). Identifying the Classics: An Examination of Articles Published in the Journal of Pediatric Psychology from 1976-2006. *Journal of Pediatric Psychology*, *33*, 576-589.**
- \*Tota-Faucette, M., Gil, K. M., Williams, D. A., Keefe, F. J., & Goli, V. (1993). Predictors of response to pain management treatment: The role of family environment and changes in cognitive processes, Clinical Journal of Pain. *9*, 115-123.
- Thompson, R. J., Gil, K. M., Burbach, D. A., Keith, B. R., & Kinney, T. R. (1993). Psychological adjustment of mothers of children and adolescents with sickle cell disease: The role of stress, coping methods and family functioning. Journal of Pediatric Psychology, *18*, 549-559.
- Thompson, R. J., Gil, K. M., Burbach, D. A., Keith, B. R., & Kinney, T. R. (1993). Role of child and maternal process in the psychological adjustment of children with sickle cell disease. Journal of Consulting and Clinical Psychology. *61*, 468-474.
- Gil, K. M., Ginsberg, B., Muir, M., Sullivan, F., \*Williams, D. A. (1992). Patient controlled analgesia: The relation of psychological factors to pain and analgesic use in adolescents with postoperative pain. Clinical Journal of Pain, *8*, 215-221.
- Gil, K.M., Abrams, M.R., Phillips G., & \*Williams, D. A. (1992). Sickle cell disease pain. 2: Predicting health care use and activity level at 9-month follow-up. Journal of Consulting and Clinical Psychology, *60*, 267-273.
- Thompson, R. J., Jr., Gil, K. M., Abrams, M. R., & Phillips, G. (1992). Stress, coping, and psychological adjustment of adults with sickle cell disease. Journal of Consulting and Clinical Psychology, *60*, 433-440.
- Gil, K. M., \*Williams, D. A., Thompson, R. J., & Kinney, T. R. (1991). Sickle cell disease in children and adolescents: The relation of child and parent pain coping strategies to adjustment. Journal of Pediatric Psychology, *16*, 643-663.
- Article ranked 11<sup>th</sup> on the list of highly cited “classic” articles in the *Journal of Pediatric Psychology*. Aylward, B.S. et al. (2008). Identifying the Classics: An Examination of Articles Published in the Journal of Pediatric Psychology from 1976-2006. *Journal of Pediatric Psychology*, *33*, 576-589.**
- Gil, K.M., \*Williams, D.A., Keefe, F.J., & \*Beckham, J.C. (1990). The relationship of negative thoughts to pain and psychological distress. Behavior Therapy, *21*, 349-362.
- Gil, K.M., Phillips, G., Abrams, M.R., & \*Williams, D.A. (1990). Pain drawings and sickle cell disease pain. Clinical Journal of Pain. *6*, 105-109.
- Gil, K.M., Ginsberg, B., Muir, M., Sykes, D., & \*Williams, D.A. (1990). Patient-controlled analgesia in postoperative pain: The relation of psychological factors to pain and analgesic use. Clinical Journal of Pain. *6*, 137-142.

- Keefe, F.J., Caldwell, D.S., Williams, D.A., Gil, K.M., Mitchell, D., Robertson, C., Martinez, S., Nunley, J., Beckham, J.C., & Helms, M. (1990). Pain coping skills training in the management of osteoarthritic knee pain: II. Follow-up results. Behavior Therapy, 21, 435-447.
- Keefe, F.J., Caldwell, D.S., Williams, D.A., Gil, K.M., Mitchell, D., Robertson, C., Martinez, S., Nunley, J., Beckham, J., and Helms, M. (1990). Pain coping skills training in the management of osteoarthritic knee pain: A comparative study. Behavior Therapy, 21, 49-62.
- Gil, K.M., Abrams, M.R., Phillips G., & Keefe, F.J. (1989). Sickle cell disease pain: The relation of coping strategies to adjustment. Journal of Consulting and Clinical Psychology, 57, 725-731.
- Gil, K.M. (1989). Coping with sickle cell disease pain. Annals of Behavioral Medicine, 11, 49-57.
- Gil, K.M., & Sampson, H.A. (1989). Psychological and social factors of atopic dermatitis. Allergy, 44(9), 84-89.
- Gil, K.M., Perry, G. & King, L. (1988). The use of biofeedback in a behavioral program designed to teach an anxious child self-catheterization. Biofeedback and Self-Regulation, 13, 347-355.
- Gil, K.M., Keefe, F.J., Sampson, H.A., McCaskill, C.C., Rodin, J., & Crisson J.E. (1988). Direct observation of scratching behavior in children with atopic dermatitis. Behavior Therapy, 19, 213-227.
- Collins, F.L., Pbert, L.A., Sharp, B., Smith, S., Gil, K.M., & Odom, J.V (1988). Visual acuity improvement following fading and feedback training-I. Comparison of myopic and emmetropic volunteers. Behaviour Research and Therapy, 26, 461-466.
- Gil, K.M., Keefe, F.J., Crisson, J.E., & Van Dalfsen, P.J. (1987). Social support and pain behavior. Pain, 29, 209-217.
- Gil, K.M., Keefe, F.J., Sampson, H.A., McCaskill, C.C., Rodin, J., & Crisson, J.E. (1987). The relation of stress and family environment to atopic dermatitis symptoms in children. Journal of Psychosomatic Research, 31, 673-684.
- Keefe, F.J., Caldwell, D.S., Queen, K.T., Gil, K.M., Martinez, S., Crisson, J.E., Ogden, W., & Nunley J. (1987). Pain coping strategies in osteoarthritis patients. Journal of Consulting and Clinical Psychology, 55, 208-212.
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- Dahlquist, L.M., & Gil, K.M. (1986). Using parents to maintain improved dental flossing skills in children. Journal of Applied Behavior Analysis, 19, 255-260.
- Dahlquist, L.M., Gil, K.M., Armstrong, F.D., DeLawyer, D., Greene, P., & Wouri, D. (1986). Preparing children for medical examinations: The importance of previous medical experience. Health Psychology, 5, 249-259.
- Gil, K.M., Collins, F.L., & Odom, J.V. (1986). The effects of behavioral vision training on multiple aspects of visual functioning in myopic adults. Journal of Behavioral Medicine, 9, 373-387.
- Keefe, F.J., & Gil, K.M. (1986). Behavioral concepts in the analysis of chronic pain syndromes. Journal of Consulting and Clinical Psychology, 54, 776-783.

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- Keefe, F.J., Crisson, J.E., Maltbie, A., Bradley, L., & Gil, K.M. (1986). Illness behavior as a predictor of pain and overt behavior patterns in chronic low back pain patients. Journal of Psychosomatic Research, 30, 543-551.
- Dahlquist, L.M., Gil, K.M., Hodges, J.L., Kalfus, G.R., Ginsberg, A.J., & Holborn, W.S. (1985). The effects of behavioral intervention on dental flossing skills in children. Journal of Pediatric Psychology, 10, 403-412.
- Dahlquist, L.M., Gil, K.M., Armstrong, F.D., Ginsberg, A.J., & Jones, B. (1985). Behavioral management of children's distress during chemotherapy. Journal of Behavior Therapy and Experimental Psychiatry, 16, 325-329.
- Gil, K.M. (1984). Coping with invasive medical procedures: A descriptive model. Clinical Psychology Review, 4, 339-362.
- Dahlquist, L.M., Gil, K.M., Kalfus, G.R., Blount, R.L., & Boyd, M. (1984). Enhancing an autistic girl's cooperation with gynecological exams. Clinical Pediatrics, 23, 203.
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- Gil, K. M., & Collins, F. L. (1983). Behavioral training in myopia: Generalization of effects. Behaviour Research and Therapy, 21, 269-273.
- Collins, F.L., Blount, R.L., & Gil, K.M. (1982). An automated trainer for improving visual acuity in myopic adults. Behavior Research Methods and Instrumentation, 14, 338-440.
- Non-refereed publications**
- Gil, K. M. (1995). Introduction to the special series: Experimental pain as a model for the study of clinical pain. Behavior Therapy, 26, 193-195.
- Edens, J. L., Wilson, J. J., Gil, K. M., & Keefe, F. J. (1995). Critical issues in pain management training for psychologists. American Pain Society Journal, May/June, 14-17.
- Gil, K. M. (1991). Issues in the treatment of chronic pain in women. The Health Psychologist, 12, (3) 2-3.
- Gil, K. M. (1990). Psychologic aspects of acute pain. Anesthesiology Report, 2, 246-255.
- "Fact Sheet on Low Back Pain." (1989). Prepared by Karen M. Gil for the Publications Committee of the Association of Advancement of Behavior Therapy.
- Keefe, F.J., Gil, K.M. & Williams, D.A. (1988). Pain management programs: Clinical and research perspectives. North Carolina Medical Journal, 49, 526-529.
- Keefe, F.J., & Gil, K.M. (1985). Recent advances in the behavioral assessment and treatment of chronic pain. Annals of Behavioral Medicine, 7, 11-16.
- Gil, K.M., & Blumenthal, J. A. (1985). Behavior modification of coronary-prone behaviors in the primary and secondary prevention of coronary heart disease. Clinical Cardiology in Practice - Special Issue: Lifestyle Modification, 1, 274-280.

Collins, F.L, Gil, K.M., & Pbert, L.A. (1985). Improving visual acuity in myopia. Behavioral Medicine Abstracts, 5, 142-144.

Pawlicki, R.E., Gil, K.M., Jopling, C., Bettinger, R., & Stevenson, J. (1982). The low back school: A new palliative approach to low back pain. West Virginia Medical Journal, 78, 249-251.

### **Chapters in books**

Carson, J. W., Carson, K. M., Gil, K. M., & Baucom, D. H. (2006). Mindfulness-based relationship enhancement in couples. In Baer, R. A. (Ed.) Mindfulness-Based Treatment Approaches: Clinician's Guide to Evidence Base and Applications. San Diego, CA: Elsevier.

Wilson Schaeffer, J. J. Gil, K. M., & Porter. L. (1999). Sickle Cell Disease Pain. In A. R. Block, E. F. Kremer, & E. Fernandez (Eds.). Handbook of Chronic Pain Syndromes. New Jersey: Lawrence Erlbaum Associates, Inc. pps 569-587.

Keefe, F. J., Beupre, P. M., & Gil, K. M. (1996). Group therapy for patients with chronic pain. In R. J. Gatchel & D. C. Turk (Eds.). Psychological Treatments for Pain: A Practitioner's Handbook. New York: Guilford Press.

Thompson, R. J., Gustafson, K. E., & Gil, K. M. (1995). Psychological adjustment of adolescents with cystic fibrosis or sickle cell disease and their mothers. In J. Wallander and L. Siegel (Eds.) Advances in pediatric psychology: II. Behavioral perspectives on adolescent health. New York: Guilford Press.

Edens, J. L., Gil, K. M., & King, L. R. (1995). Office practice of pediatric urology. In Whitfield, Hendry, Kirby & Duckett (Eds.). Textbook of Genito-urinary surgery. Blackwell Scientific Publishers pp. 355-368.

Gil, K. M. (1994). Behavioral assessment of sickle cell disease pain. In K. B. Nash (Ed). Psychosocial aspects of sickle cell disease. New York: The Haworth Press, Inc.

Treadwell, M. J., & Gil, K. M. (1994). Psychosocial aspects. In S. H. Embury, R. P. Hebbel, N. Mohandas, and M. H. Steinberg (Eds), Sickle cell disease: Basic principles and clinical practice. New York: Raven Press.

Gil, K. M. (1992). Psychological aspects of acute pain. In R. S. Sinatra, A. H. Hord, B. Ginsberg, & L. Preble (Eds.) Acute pain: Mechanisms and Management. St. Louis: Mosby Year Book.

Ross, S.L., Keefe, F.J., & Gil, K.M. (1988). Behavioral concepts in the analysis of chronic pain. In R.D. France & K.R.R. Krishnan (Eds.), Chronic pain (pp. 104-114). New York: American Psychiatric Association.

Ross, S.L., Gil, K.M., & Keefe, F.J. (1988). Learned responses to chronic pain: Behavioral, cognitive and psychophysiological. In R.D. France & K.R.R. Krishnan (Eds.), Chronic pain (pp. 228-243). New York: American Psychiatric Association.

Gil, K.M., Ross, S.L., & Keefe, F.J. (1988). Behavioral treatment of chronic pain: Four pain management protocols. In R.D. France & K.R.R. Krishnan (Eds.), Chronic pain (pp. 376-413). New York: American Psychiatric Association.

Keefe, F.J., & Gil, K.M. (1988). Chronic pain. In V.B. Van Hasselt, P.S. Strain, & M. Hersen (Eds.), Handbook of developmental and physical disabilities, (pp. 227-246). New York: Pergamon Press.

Collins, F.L., & Gil, K.M. (1984). Behavioral approaches to visual disorders. In S. Rachman (Ed.), Contributions to medical psychology (Vol. 3, pp. 55-92). Oxford: Pergamon Press.

Collins, F.L., Epstein, L.S., & Gil, K.M. (1982). Behavioral factors in the etiology and treatment of myopia. In M. Hersen, R.M. Eisler, & P.M. Miller (Eds.), Progress in behavior modification (Vol. 13 pp. 179-195). New York: Academic Press.

### **Selected Abstracts**

Morrill, F. E., & Gil, K. M. (2007). The E-Diary-CS: An internet-based daily diary study of stress, physical activity and health in cancer survivors. Annals of Behavioral Medicine. 33, S190.

Valrie, C. R., Gil, K. M., Redding-Lallinger, R., & Daeschner, C. (2007). The influence of pain, medication use, and stress on daily sleep in children with sickle cell disease. Paper presented at the Annual Meeting of the Society of Behavioral Medicine.

Pence, L., Valrie, C. R., Gil, K. M., Redding-Lallinger, R., & Daeschner, C. (2006). Optimism moderating the relationship between pain and medication use in adolescents with sickle cell disease. Poster presented at the 2006 Society for Research in Adolescence Conference in San Francisco, CA.

Porter, L.S., Mishel, M. M., Belyea, M., Clayton, M., Germino, B., Gil, K. M., Carlton LaNey, I. (2004). Predicting psychological distress and well being in older long term breast cancer survivors. Annals of Behavioral Medicine. 27S, 180.

Mishel, M., Germino, B., Gil, K. M., Carlton-LeNey, I., Belyea, M., Stewart, J., Washington, C., Clayton, M., & Yin, G. (2002, June). Triggers of uncertainty about recurrence and late emerging treatment side effects in long term older breast cancer survivors. National Cancer Institute, Conference on Cancer Survivorship: Resilience Across the Lifespan, Washington, DC.

Schanberg, L.E., Gil, K.M., Anthony, K.K., & Maurin, E. (2001). Mood and Stressful Events Predict Daily Fluctuations in Disease Symptoms in Juvenile Polyarticular Arthritis. Annals Rheumatic Disease, 60, 71.

Schanberg, L.E., Anthony, K.K., Gil, K.M., Lefebvre, J.C., Kredich, D.W., & Macharoni, L.M. (2001) Family Pain History Predicts Child Health Status in Children with Chronic Rheumatic Disease. Annals Rheumatic Disease, 60, 83.

Schanberg, L.E., Maurin, E., Anthony, K.K., & Gil, K.M. (2001). Girls Report More Disease Symptoms than Boys with Polyarticular Arthritis. Arthritis & Rheumatism, 44,,S691.

Anthony, K.K., Gil, K.M., & Schanberg, L.E. (2001) Parental Perceptions of Child Vulnerability Predict Parent Rated Physical Disability in Children with Polyarticular Arthritis. Arthritis & Rheumatism Arthritis Care and Research, 45, S1971.

Anthony, K. K., Gil, K. M., & Schanberg, L.E. (2000). Parent perceptions of child vulnerability predict social adjustment of children with chronic disease. Arthritis & Rheumatism 43, S400.

- Anthony, K. K., Macharoni, L. M., Lefebvre, J. C., Gil, K. M., Kredich, D. W., & Schanberg, L. E. (2000). Child catastrophizing mediates the relationship between parental pain and child health outcomes. Arthritis & Rheumatism 43, S182.
- Schanberg, L. E., Gil, K. M., Anthony, K.K., & Macharoni, L. M. (2000). Mood and stressful events predict daily fluctuations in disease symptoms in juvenile polyarticular arthritis. Arthritis & Rheumatism 43, S121.
- Anthony, K.K, Macharoni, L. M., Lefebvre, J.C., Gil, K. M., Kredich, D. W., & Schanberg. (1999). Parental pain history and its relationship to the health status of children with rheumatic disease (Abstract). Arthritis & Rheumatism 42 (9) (Suppl.), 279.
- Macharoni, L. M., Anthony, K.K., Lefebvre, J.C., Gil, K. M., Kredich, D. W., & Schanberg. (1999) Child's disease duration, rather than disease severity, correlates with family characteristics in pediatric rheumatic disease (Abstract). Arthritis & Rheumatism 42 (9) (Suppl.), 279.
- Gil, K. M., Porter, L., Ready, J., Workman, E., Sedway, J., & Kosobucki, K. (1999) An analysis of daily pain in children and adolescents with sickle cell disease. Annals of Behavioral Medicine. 21 Supplement, S055.
- Porter, L. S., Gil, K. M., Carson, J. W., Kosobucki, K., & Ready, J. (1999) Daily pain, stress, and mood in adults with sickle cell disease. Annals of Behavioral Medicine, 21 Supplement, S082.
- Carson, J. W., Gil, K. M., & Burnett, C. K. (1999). Meditation-based Treatment for Irritable Bowel Syndrome. Annals of Behavioral Medicine, 21 Supplement, S037.
- Gil, K. M., Porter, L. S., Sedway, J. A., Ready, J., & Workman, E. (1998). Pain and stress in sickle cell disease: An analysis of daily pain records. Annals of Behavioral Medicine, 20 Supplement, S129.
- Wilson, J. J., Gil, K. M., Burchinal, M., Kramer, K.D., & Nash, K. B. (1998). Depression, disease severity, and sickle cell disease. Annals of Behavioral Medicine, 20 Supplement, S83.
- Gil, K. M., Wilson, J. J., Abrams, M.A., Orringer, E., Clark, W.C., Janal, M. N. (1996). Coping skills training in adults with sickle cell disease: Post-intervention and 3-month follow-up results. Annals of Behavioral Medicine: Fourth International Congress of Behavioral Medicine, 18 Supplement, S201.
- Gil, K. M., Wilson, J. J., Edens, J. L., Grant, M., Abrams, M. R., Noll, S., Orringer, E., Strayhorn, D., W. C. Clark, Janal, M. N. (1995). Gender differences in health care use and pain sensitivity in adults with sickle cell disease. Annals of Behavioral Medicine, 17 Supplement, S167.
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- Gil, K. M., Phillips, G., Abrams, M., Martin, N. J., Grant, M., Webster, D.A., Clark, W. C., & Janal, M.N. (1994). Analysis of pain perception in sickle cell disease patients using experimental pain techniques. Annals of Behavioral Medicine, 16 Supplement, S100.
- Edens, J. L., Gil, K. M., Keith, B. R., Noll, S., & Kinney, T. R. (1994) Stability of parent and child coping with sickle cell disease pain over 18-months. Annals of Behavioral Medicine, 16 Supplement, S101.

- Gil, K. M., Phillips, G., Abrams, M., Webster, D. A., Edens, J., Martin, N., Grant, M., Van Horn, Y., Orringer, E., Clark, W. C., & Janal, M. N. (1994). The relationship of negative thoughts to pain sensitivity in sickle cell disease. Proceedings of the Annual Sickle Cell Centers Conference, New York.
- Edens, J. L., Lester, N., Martin, N. J., Gil, K. M., Phillips, G., & Abrams, M. (1993). Sickle cell disease pain behavior observation and prescription of narcotics. Proceedings of the meeting of the American Pain Society, Orlando, FL.
- Gil, K. M., Tota-Faucette, M., Williams, D. A., Keefe, F. J., Goli, V. (1992). Predictors of response to pain management treatment: changes in coping strategies and negative thinking. Proceedings of the meeting of the American Pain Society, San Diego, CA.
- Ginsberg, B., Gil, K. M., Muir, M., Sullivan, F., & Glass, P. (1992). The effect of varying the lockout interval and opioid used via PCA. *Anesthesiology*, *77*, A851.
- Ginsberg, B., Gil, K. M., Muir, M., & Williams, D. A. (1991). Relation of parent and adolescent anxiety to postoperative pain and PCA use. *Journal of Pain and Symptom Management*, *6*, 203.
- Gil, K. M. (1991). Pain coping strategies in adults with sickle cell disease: Predicting adjustment at follow-up Proceedings of the Annual Sickle Cell Centers Conference, Mobile, Alabama.
- Gil, K.M., & Kinney, T.R. (1990). Pain coping strategies in children with Sickle cell disease. Proceedings of the Annual Sickle Cell Centers Conference: "Pathobiology and clinical management of sickle cell disease: Recent Advances," Berkeley, CA.
- Gil, K.M., Abrams, M.R., Phillips, G., & Williams, D.A. (1990). Coping with sickle cell disease pain: Predicting adjustment at follow-up. Proceedings of the meeting of the Society of Behavioral Medicine, Chicago, IL.
- Ginsberg, B., Gil, K. M., Muir, M., & Sykes, D. (1989). PCA: Correlation between narcotic use, pain and psychological parameters. *Anesthesiology*, *71*, A687.
- Gil, K.M. Williams, D.A., & Keefe, F.J. (1989). Inventory of Negative Thoughts in Response to Pain. Proceedings of the meeting of the American Pain Society, Phoenix, AZ.
- Gil, K.M., & Kinney, T.R. (1989). Sickle cell disease pain in children: Predicting activity level from coping strategies and social support. Proceedings of the meeting of Society of Behavioral Medicine, San Francisco, CA.
- Gil, K.M., Ginsberg, B., Muir, M., & Sykes, D. (1989). Psychological factors in patient controlled analgesia. Proceedings of the meeting to the American Pain Society, Phoenix, AZ.
- Gil, K. M., Abrams, M. R., Phillips, G., & Thomas, P. (1989). Analysis of pain coping strategies in adults with sickle cell disease. Proceedings of the Annual Sickle Cell Centers Conference: "Strategies for therapy and care in sickle cell disease," Research Triangle Park, NC.
- Gil, K.M., Keefe, F.J., Kinney, T.R. & Phillips, G. (1988). Pain coping strategies and sickle cell disease pain. Proceedings of the meeting of the Society of Behavioral Medicine, Boston, MA.
- Gil, K.M., Keefe, F.J., Sampson, H.A., McCaskill, C.C., Crisson, J.E., & Rodin, J. (1987). The relation of family environment to atopic symptoms in children. Proceedings of the meeting of the Society of Behavioral Medicine, Washington, D.C.

- Gil, K.M., Keefe, F.J., Crisson, J.E., & Van Daltsen (1986). Social support and pain behavior. Proceeding of the meeting of the American Pain Society, Washington, D.C.
- Gil, K.M., Keefe, F.J., & Crisson, J. E., (1986). Stress, coping skills and chronic pain. Proceedings of the meeting of the Society of Behavioral Medicine, San Francisco, CA.
- Collins, F.L., & Gil, L.M. (1984). Environmental factors in refractive disorders. In F.L. Collins (Chair), Behavioral contributions to ophthalmic practice. Symposium and Proceedings of the meeting of the Society of Behavioral Medicine, Philadelphia, PA.
- Gil, K.M., & Pawlicki, R.E. (1982). Prior medical and hospital cost for low back pain patients attending a multidisciplinary pain clinic. Proceedings of the meeting of the American Pain Society, Miami, FL.
- Pawlicki, R.E., Gil, K.M., Knight, J., & Bettinger, R. (1982). Demographic and behavioral characteristics of acute versus chronic pain patients. Proceedings of the meeting of the American Pain Society, Miami, FL.
- Pawlicki, R.E., & Gil, K.M. (1982). The low back school: An appropriate new area for health psychologists. Proceedings of the meeting of the Society of Behavioral Medicine, Chicago, IL.
- Collins, F.L., Blount, R.L., & Gil, K.M. (1982). Behavioral factors in myopia: An examination of environmental influences on the refractive state of the eye. Proceedings of the meeting of the Society of Behavioral Medicine, Chicago, IL.

### **Research Consulting and Mentoring**

- Data Safety Monitoring. Behavioral Insomnia and Sleep Disorders studies. Duke University Medical Center Sleep Disorders Center. 2002-present.
- External Advisory Committee, Multidisciplinary Clinical Research Center for Rheumatic Diseases in African Americans. NIH Grant. Medical University of South Carolina. 2001- 2007.
- Depression and Nutrition in Pediatric Sickle Cell Disease. NIH Scientist Development Award for New Minority Faculty (Monica Mitchell) Children's Hospital Medical Center, Cincinnati. 2001-2004.
- Pain in Sickle Cell Epidemiologic Study. Virginia Commonwealth University. NIH grant. 2000-2004.
- Duke Advanced Management Program, The Fuqua School of Business. (1994, 1995).
- Department of Psychology, Clinical Training Program, Bowling Green State University, Bowling Green, OH. Special consultant in Behavioral Medicine. (1990).
- Pulmonary Rehabilitation Program, Wheeling Hospital, Wheeling, WV. Stress Management (1982-1983).

### **EDITORIAL POSITIONS, PROFESSIONAL ACTIVITIES AND SERVICE**

#### **Editorial Positions**

- |                                                                       |           |
|-----------------------------------------------------------------------|-----------|
| Editorial Board, <u>Journal of Pediatric Psychology</u>               | 2002-2008 |
| Editorial Board, <u>Journal of Consulting and Clinical Psychology</u> | 2001-2004 |
| Editorial Board, <u>Pain Medicine</u>                                 | 2001-2005 |

Associate Editor, <u>Behavior Therapy</u>	1992-1995
Board of Editors, <u>Behavior Therapy</u>	1995-2002
Editorial Board, <u>The Clinical Journal of Pain</u>	1993-1999
Editorial Board, <u>Mind Body Medicine</u>	1995-1998
Editorial Board, <u>Journal of Developmental and Behavioral Pediatrics</u> (Supplementary Issue on Pediatric AIDS)	1994
Consulting Editor, <u>Behavioral Medicine Abstracts</u>	1988-1991
Associate Editor, <u>Behavioral Medicine Abstracts</u>	1987-1988
Editorial Assistant, <u>Behavioral Medicine Abstracts</u>	1985-1987

#### Guest/Consulting Reviewer

Journal of Behavioral Medicine (1986, 1997, 2000, 2001, 2006)  
Biofeedback and Self-Regulation (1986)  
Women and Health (1987)  
Journal of Consulting and Clinical Psychology (1987, 1992, 1993, 1994, 1995, 1996, 1998, 2001, 2003)  
Health Psychology (1988, 1991, 1992, 1993, 1996, 1997, 1998, 2000, 2001, 2003, 2004)  
Psychological Bulletin (1989)  
Pain (1989, 1990, 1991, 1992, 1997, 1998)  
Behavior Therapy (1988, 1989, 1990, 1991, 1992, 2003)  
Annals of Behavioral Medicine (1991, 1992, 1995, 1996, 1997, 1999, 2000, 2002)  
Clinical Journal of Pain (1991, 1992, 1993, 2005, 2006)  
Journal of Pediatric Psychology (1991, 1992, 1993, 1994, 1995, 1997, 2001)  
Southern Medical Journal (1993)  
British Journal of Medicine (1994, 1995)  
Journal of Clinical Psychology in Medical Settings (1994, 2001, 2002)  
Journal of Child Clinical Psychology (1995)  
Women's Health: Research on Gender, Behavior, and Policy (1995)  
Mind/Body Medicine (1996)  
International Journal of Behavioral Medicine (1996)  
Psychosomatic Medicine (1996, 1999)  
Journal of Black Psychology (1998)  
Acta Paediatrica (1998)  
Behaviour Research and Therapy (1999)  
Psychological Assessment (1999)  
Journal of Pain and Symptom Management (2001)  
Journal of Clinical Child and Adolescent Psychology (2002)  
Patient Education and Counseling (2004)  
Pain Medicine (2003, 2004)  
Psycho-Oncology (2007).

#### Membership in Professional Associations

American Psychological Association  
American Psychological Association, Division 38 Health Psychology (Fellow)  
American Psychological Association, Division 54 Society of Pediatric Psychology (Fellow)

Association for the Advancement of Behavior Therapy  
Society of Behavioral Medicine (Fellow)

### **Committee Membership and Service**

#### National Committees

Council of Graduate Departments of Psychology (COGDOP), elected to executive committee, 2005-2008.

Secretary, Health Psychology, Division 38, American Psychological Association, 1999-2002.

Committee Member, Task Force on Research in Behavioral Factors in Cardiovascular, Lung, and Blood Health and Disease, National Heart, Lung, and Blood Institute, National Institute of Health, 1995-1997.

Committee Member, Health Psychology, Division 38, American Psychological Association Fellows Committee, 1995-1997.

Co-Chair, Pain Subcommittee, Sickle Cell Disease Program, Division of Blood Diseases and Resources, NIH, 1993-1998.

Committee Member, Committee on Children and Health, APA Division 38: Health Psychology, 1991-1997.

Committee Member, International Association for the Study of Pain: Special Interest Group on Pain in Childhood. 1994-1998.

Board Member, Society of Behavioral Medicine, 1995-1998.

Committee Member, Program Oversight Committee, Society of Behavioral Medicine, 1994-1998.

Program Chair, Society of Behavioral Medicine (1995).

Publications and Communications Council Chair, Society of Behavioral Medicine (1995-1998).

Committee Chair, Committee on Legislative and Professional Issues, Association for the Advancement of Behavior Therapy, 1989 - 1992.

Program Committee, Society of Behavioral Medicine, Track Coordinator (1988), Program Reviewer (1990, 1993, 1994).

Program Committee Member, Association for the Advancement of Behavior Therapy (1993, 1995).

Program Committee Member, American Psychological Association, Division 38 Health Psychology, Program Reviewer (1990, 1992, 1993). Division 12 Clinical Psychology (1992).

#### University Appointments, Committees, and Service

Dean, College of Arts and Sciences, 2009-present

Search Committee Chair, Vice Chancellor for Research (appointed by the Provost), Fall 2010.

Search Committee, Associate Vice Chancellor, Sponsored Research (appointed by the Vice Chancellor for Research), Fall 2008.

Administrative Review of the Director of the Office of Human Research Ethics (appointed by the Provost), Spring 2008.

Senior Associate Dean for the Social Sciences and International Programs, College of Arts and Sciences, 2007-2009.

Departments and Curricula: Aerospace Studies, African and Afro-American Studies, Anthropology, Archaeology, Asian Studies, City and Regional Planning, Economics, Environmental Sciences, Geography, History, International Studies, Latin American Studies, Military Science, Navel Science, Political Science, Public Policy, Sociology.

International Centers and Programs: African Studies Center, Carolina Asia Center, Carolina Center for the Study of Middle East and Muslim Civilizations, European Studies Center, Institute for the Study of the Americas, Slavic, Eurasian, and East European Studies Center, Study Abroad.

Other Major Areas of Responsibility: Diversity Liaison for the College, Facilities and Space Planning for the College.

Task force on Academic Responsibility (appointed by the Chancellor) 2007-2008.

Chair, Search Committee, Dean of Summer School (appointed by the Provost), 2006-2007

Commencement Speaker Advisory Committee (appointed by the Chancellor) 2006-2008

University Interdepartmental Fees Committee, 2006-2008.

Task Force to Review Policies on Accepting Donations and Gifts (appointed by the Provost) 2005-2006

Carolina Covenant Program, Mentor, 2005-2007.

Robertson Scholar's Program, Mentor, 2004-2007.

Chancellor's Advisory Committee, Faculty Council (elected position) 2004-2007

Member, UNC Lineberger Cancer Center, Cancer Prevention and Control Program 2004-present

Administrative Review of the Vice Provost for Admissions and Enrollment Management (appointed by the Provost) 2005.

Administrative Review of the Provost (appointed by the Chancellor) 2005.

Ad hoc committee on Facilities and Administrative Cost Allocation (appointed by the Vice Chancellor for Research and Development) 2005.

Senior Associate Dean for Undergraduate Education, 2001-2004

Areas of Responsibility: Advising, Academic Services, Academic Counseling, First Year Seminars and Academic Experiences, Undergraduate Curricula, Honors and Johnston Center for Undergraduate Excellence, Undergraduate Research, Robertson Scholars Program

Committees:

Administrative Boards of the College of Arts and Sciences

First Year Student Experience Steering Committee (Orientation, Summer Reading Program)

General Education Curriculum Review Steering Committee

College of Arts and Sciences, Chair, Teaching Awards Committee

Bowman and Gordon Gray Distinguished Term Professorship, College Administrator

Enrollment Policy Committee

Faculty Advisory Committee on Undergraduate Admissions, Chair

Universities' Coordinating Committee, Robertson Scholars Program, 2003-2004

Chancellor's Task Force on Honor and Integrity (appointed by the Chancellor), 2002-2003

Search Committee for the Vice Chancellor of Student Affairs (appointed by the Chancellor), 2003-2004

Chancellor's Task Force to Review Student Affairs (appointed by the Chancellor), 2002-2003

Chancellor's Task Force to Review the Student Judiciary (appointed by the Chancellor), 2001-2002

Administrative Review Committee for Dean of the Medical School (appointed by the Provost) 2001

Undergraduate Admission Programs: Explore Carolina, Carolina Concepts, Project Uplift, Transfer Student Orientation, 2000-2004.

UNC Department of Psychology Committees and Service

Chair of the Department of Psychology, 2004-2007

Director of Undergraduate Studies, Department of Psychology, 2000-2002

Chair, Clinical Program Faculty Search Committee, 2001

Assistant Director, Clinical Psychology, 1998-2001. Acting Director Spring 2000

Department of Psychology Advisory Committee, 2000-2002

Director of Davie Hall Psychology Training Clinic, 1995-1998.

Committee Chair, Committee to Assess Training in Diversity Issues, Clinical Program, 1998-1999.

Committee Member, Committee for Written Comprehensive Exams, Clinical Program, 1995-1998.

## UNC Research Supervision/Training

### UNC Graduate Students

#### Chair, Ph.D. Committee

- Ginette Nachman Pessimistic Explanatory Style and Health Outcome in Women with a History of Severe Sexual Abuse (*defended 1997*)
- Lisa M. Yacono-Freeman Restraint, Coping Strategies, Stress, and Bulimic Symptoms: A One-Month Daily Diary Study (*defended 2000*)
- Jawana Ready An Examination of the Temporal Association Between Stress and the Onset of Pain in an Adolescents with Sickle Cell Disease (*defended 2001*)
- James Carson Mindfulness Meditation-Based Treatment for Relationship Enhancement (*defended 2001*)
- Jan Sedway Psychological Distress in Adults with Cystic Fibrosis: Are There Differences Based upon Lung Transplantation List Status, Disease Severity, and Coping Strategies? (*defended 2002*)
- Elizabeth Workman Familial Risk and Resistance Factors in Adaptation to Chronic Childhood Illness (*proposal defended November 2001*)
- Kelly Anthony Parental Perceptions of Child Vulnerability: Adjustment and Medical Outcomes in Preschool Aged Children with Chronic Arthritis (*defended 2004*)
- Cecelia Valrie Sleep in Children with Sickle Cell Disease: Daily Diaries (*defended May 2006*)
- Elana Maurin Benefit Finding as a Predictor of Psychological Distress and Well-Being in Mothers of Very Low Birthweight Infants (*defended May 2006*)
- Edward Morrill Posttraumatic Stress, Quality of Life, Depression, and Physical Health in Cancer Survivors: The Buffering Effect of Posttraumatic Growth (*defended May 2011*)
- Gregory Stonerock The Utility of Brief Cognitive Skills Training in Reducing Pain Catastrophizing During Experimental Pain (*defended May 2011*)

#### Chair, Masters Thesis Committee

- Jawana Ready Race, Acculturation, Explanatory Style and Self-Perception as Predictors of Middle SES African American and White Adolescent School Achievement (*defended 1996*)
- Lisa M. Yacono Bulimic and Depressive Symptoms: Self-Esteem, Weight Dissatisfaction, and Sociotropy as Predictors (*defended 1997*)
- Jan Sedway Does Having a Chronically Ill Family Member Influence Pain Tolerance and Health Care Use? Is there a Cognitive Component? (*defended 1997*)

- Elizabeth Workman Children's Predictions About Outcomes: Assessment and Relation to Anxiety (*defended 1998*)
- James W. Carson Meditation-based Treatment for Functional Vomiting and Irritable Bowel Syndrome (*defended 1999*)
- Kelly Anthony Parent Perceptions of Child Vulnerability (*defended 2003*)  
Ceclia Valrie Sleep, Pain, and Stress in Children with Sickle Cell Disease (*defended February 2004*)
- Edward Morrill The E-Diary-CS: An Internet Based Daily Diary Study of Stress, Physical Illness and Physical Activity in Cancer Survivors (*defended April 2007*)
- Gregory Stonerock Daily Coping Strategies and Their Relationships with Mood, Activity Level, and Health Care Use in Sickle Cell Disease: Analysis of Daily Diaries (*defended October 2007*)
- Rebecca Sarniak Positive Psychology Intervention for Health Behaviors. (*defended 2008*).  
Maggie Hood Pain, Coping, and Sleep in Children with Juvenile Polyarticular Arthritis  
Bromberg (*defended 2009*).

### **Committee Member, Ph.D. Committees**

- Shelia G. West Aerobic Exercise, Estrogen Replacement, and High Potassium Intake: Behavioral Buffers of Cardiovascular Stress Responses (*defended 1997*)
- Mark Smith Tolerance and Cross Tolerance to the Behavioral Effects of Opioids in Butorphanol-Treated Rats (*defended 1998*)
- Elaine Burgwyn-Bailes Children's Memory for a Traumatic Event After One Year: An Examination of Individual Differences and Recall, Suggestibility, Narrative Consistency (*defended 1997*)
- Edith Bragdon Cardiovascular and Pain Responses to Stress in Healthy Adults and TMD Patients (*defended 2000*)
- Sharron L. Docherty Patterns of Symptom Distress During the Initial Treatment Period in Children with Leukaemia (*defended 1999*)
- Patricia Straneva Depression, Antidepressants, and Sympathetic Reactivity to Stress (*defended 2001*)
- Kimberly Coffey Mindful Mediators: Exploring the Mechanisms Through Which Mindfulness Impacts Depression (*defended 2004*)
- Christopher Galloway Do Coping Motives Moderate Daily Mood-Drinking Covariation: Disentangling a Paradox (*defended 2006*)
- Timothy Saurer Neuroimmune Mechanisms of Opioid-Mediated Immunomodulation (*proposal defended 2006*)
- Sarah Foster Effects of Coparenting Support and Conflict on Parenting Practices and Child Psychosocial Functioning Among Single-Mother African American Families (*proposal defended 2006*)
- Anna Agranovich The Culture of Time in Neuropsychological Assessment: Do Culture-Specific Time Attitudes Explain the Differences in Timed Test Performance Between Russian and American Adults (*proposal defended 2006*)
- Timothy Saurer Neuroimmune Mechanisms of Opioid-Mediated Immunomodulation

- Lin Lin *(defended October 2007)*  
 Living with Uncertainty: The Psychological Adjustment and Coping by  
 Parents of Children with Cancer in Taiwan *(defended November 2007)*.
- Kimberly Coffee  
 Deconstructing Mindfulness and Constructing Mental Health:  
 Understanding Mindfulness and Its Mechanism of Action *(defended April  
 2008)*.
- Sarah Foster Shook  
 Effects of Coparenting Support and Conflict on Parenting Practices and  
 Child Psychosocial Functioning Among Single-Mother African American  
 Families *(defended April 2008)*.
- Mary Beth Mechlin  
 Ethnicity and Pain: Psychosocial Stress and Stress Responses *(defended  
 January 2009)*.

### **Committee Member, Masters Thesis Committees**

- Kim Blake  
 The Relation of the Family Style to Symptom Profiles and Impairment in  
 Childhood Disorders *(defended 1996)*
- Angela Clarke  
 Young adolescents' strategies and goals for coping with interpersonal  
 stress: Tests of mediator, moderator and additive models *(defended 1998)*
- Susan Stanton  
 The Three-Stage Process of Social Support: Using Motivation for Smoking  
 Cessation as an Example *(defended 2002)*
- Kimberly Coffee  
 Mindfulness Based Meditation *(defended 2004)*
- Shye Dye  
 Factors Affecting the Impact of Breast Cancer on Body Image and Sexual  
 Functioning *(defended 2008)*
- Nicole Fenton  
 How Resilience Factors Influence Adjustment in Adolescents with  
 Chronic Kidney Disease *(defended 2010)*

**UNC Undergraduate Students**

**Chair, Honors Projects**

Kelly Kosobucki	Health Locus of Control in Children with Sickle Cell Disease: Relationship to Parent Health Locus of Control and Pain Response ( <i>Graduated with Highest Honors and voted the best Honors Thesis May, 1998</i> )
Nicole Roberson	The Role of Stress in Psychological Adjustment of Adolescents with Sickle Cell Disease. (2001)
Emma Batchelor Laura Pence	Adjustment in Children with Sickle Cell Disease (2002-2003) Medication Use, Locus of Control, and Optimism in Children and Adolescents with Sickle Cell Disease (2003-2004)
Stacy Bennett	Positive Family Environment and Coping in Children with a Physical Disability (2003-2004)
Neha Godiwala	Post-Traumatic Growth in Cancer Survivorship (2007-2008)
Daniel Hall	Post-Traumatic Growth in Women Breast Cancer Survivors (2009)

**Students Completing Independent Research Projects**

1996	1997	1998
Kathryn Cortese Florence Jinadu Elizabeth Seegers Crystal Stewart	Jamie Newman Shoshana Silverman Kathryn Cortese Florence Jinadu Crystal Stewart Kelly Kosobucki	Colette Doyle Lisa Moore Margaret Rosemond Jimmie Stallings Ebony Washington Suzanne Hughes Emily Robinson June Sherman
1999	2000	2001
Danielle Alford Willona Stallings Cheryl Fonda	Melissa Boggs Danielle Alford Amanda Brown Kelly Chadwick Stephanie Crane Misty Flinchum Willona Stallings Leah Tilden Rhonda Fennell Katherine Newcomb Carol Renee Cindy Scipio Leigh Wilson	Natalie Brown Rhonda Fennell Ashley Hicks Suzanne Kaiser Cindy Scipio Emma Batchelor Sarah Isenhour Melissa Routh
2002	2003	2004
Ryan Farran Meredith Smith Emma Batchelor Allison Lowe Stephanie Moser Niesha Fuller Lindsay Dekich	Laura Pence Stacy Bennett Lindsay Dekich Allison Lowe	Laura Pence Stacy Bennett Stephanie Bright Hillary Lundquist Monica Olejarczyk

2005	2006	2007
Stacy Bennett Stephanie Bright  Lisa Klingenmaier Jan Newman		Jillian Antonellis Lauren Nicole Rowell Neha Godiwala Daniel Hall

2008	2009
Lauren Nicole Rowell Neha Godiwala Daniel Hall Stephanie Shorts Josh Waynick Colleen Whitney Nathan Freidman	Daniel Hall Dara Keatts Paige Munson Aaron Schmidt Quinn Tracy

### **UNC Post-Doctoral Fellows**

(only first authored publications for the post-doctoral fellows are listed)

#### **Jennifer J. Wilson Schaeffer, 1995-1996**

**Wilson, J. J., Gil, K. M., & Raezer, L. B. (1997).** Self-evaluation, coping and depressive affect in African American adults with sickle cell disease. *Cognitive Therapy and Research*, *21*, 443-457.

**Wilson, J. J., & Gil, K. M. (1996).** The efficacy of psychological and pharmacological treatment of chronic disease-related and non-disease-related pain. *Clinical Psychology Review*, *16*, 573-597.

**Wilson Schaeffer, J. J. Gil, K. M., & Porter, L. (1999).** Sickle Cell Disease Pain. In A. R. Block, E. F. Kremer, & E. Fernandez (Eds.). *Handbook of Chronic Pain Syndromes*. New Jersey: Lawrence Erlbaum Associates, Inc.

**Wilson Schaeffer, J. J., Gil, K. M., Burchinal, M., Kramer, K. D., Nash, K.B., & Strayhorn, D. (1999).** Depression, disease severity and sickle cell disease. *Journal of Behavioral Medicine*, *22*, 115-126.

#### **Laura S. Porter 1996-1999**

**Porter, L. S., Gil, K. M., Sedway, J. A., Ready, J., Workman, E., & Thompson, R. J. (1998).** Pain and stress in sickle cell disease: An analysis of daily pain records. *International Journal of Behavioral Medicine*, *5*, 185-203.

**Porter, L. S., Gil, K. M., Ready, J., Kosobucki, K. & Carson, J. (2000).** Stress, negative affect, coping, and pain in sickle cell disease: Analysis of daily diaries. *Journal of Health Psychology*, *5* 53-63.

#### **Shawn M. (Thompson) Bediako 2001- 2003**

Carolina Minority Post-Doctoral Scholars Program