

### Community Boards and Committees

Carolina Meadows Retirement Community: Board of Directors (2001–present), Co-Chair, Vision & Strategy Committee (2009–present) and Chair, Health Care Committee (2002–2007) (650 members in Chatham Co.) [www.carolinameadows.org](http://www.carolinameadows.org)

Orange County NC: <http://www.co.orange.nc.us/aging/>

Member, Long-Term Care Roundtable Steering Committee (2002–2004)

Co-Chair, Master Aging Plan Disabled/Institutionalized Older Adults Committee (1999–2000)

Member, Senior Center Wellness Advisory Com. (1997–2001)

Adult Care Homes Advisory Com. (1997–2003)

Durham Technical Community College: OT Assistant Program Development & Advisory Board (1992–97)



### Falls prevention media for older adults

(2008, Video) Taking extra precautions can cut risk of falls in older adults (2008)

<http://www.unhealthcare.org/site/newsroom/falls20923>

(2009, August). Falls in Older Adults. Boom! Magazine for Active Older Adults. p13-14.

[http://www.boomnc.com/archive/2009\\_08/articles\\_live-well\\_200908\\_falls.html](http://www.boomnc.com/archive/2009_08/articles_live-well_200908_falls.html)

### Public Television

Talley V, Coppola S, Passmore J. (2008, May) Preventive Home Visits for Older Adults. In Praise of Age. Chapel Hill: People's Channel.

Coppola S & Soltys F (2008, January) Occupational Therapy: Its Importance to Seniors. In Praise of Age. Chapel Hill: People's Channel.

Belding N. & Coppola, S (2003, January). Hand Pain in Older Adults. In Praise of Age. Chapel Hill: People's Channel.

Wiser B, Dooley M, Coppola S, McKlellan S. (2002, August) *Arthritis*. Agency for Public Television, NC Department of Administration, Call in public television program. (repeated showing)

**Invited presentations to older adults and caregivers in the community**

- (2006, April). *Joint Protection and Assistive Technology*. Part of PACE (People with Arthritis Can Exercise) Series – UNC Healthcare at Meadowmont, Chapel Hill, NC.
- (2005, December). Experience of Aging. With Soltys FG. Piedmont Health Services Clinical and Office staff. Moncure, NC
- (2005, Nov). *Adaptations for life with Arthritis*. Presentation at The Chapel Hill Arthritis Support Group. Chapel Hill, NC.
- (2005, Feb). *Living a meaningful life with dementia*. Presentation at Croasdale Retirement Village Workshop for Caregivers "What if it's dementia?" . Durham, NC.
- (2004, Sept) *Helping Family Members with Dementia Live a Meaningful life*. Carolina Meadows Continuing Care Retirement Community Resident Caregivers Group Session. Chapel Hill, NC.
- (2004, May) *Living a meaningful life with dementia*. Presentation at Orange County Department on Aging Workshop for Caregivers "What if it's dementia?" . Hillsborough, NC.
- (2003, November) *Falls prevention and management*. With T Holt. Presentation to Carol Woods Continuing Care Retirement Community. Chapel Hill, NC.
- (2003, October) *Caregiving: A part of daily living*. Carolina Meadows Continuing Care Retirement Community Resident Caregivers Group Session. Chapel Hill, NC.
- (2002, December) *Occupational therapy for Parkinson's condition*. Parkinson's Disease Support Group, Chapel Hill, NC.
- (2002, September) *Beyond behavior management: Opportunities for engagement*. Session at Conference "Memory Day: Is it normal aging or dementia?" Chapel Hill, NC
- (2001, September). *Wellness and the spirit: Occupation as a powerful tool for purpose and well being*. Presentation to Carolina Village Retirement Community, followed by presentation to the community at the First Congregational Church. Hendersonville, NC.
- (2001, May) *New restraint policies in North Carolina adult care homes: Alternatives to restraints*. Presentation for Adult Care Home staff by Orange County DSS. With Gwyne Phillips of DSS. Hillsborough, NC.
- (2000, October) *Occupational Therapy for people with Parkinson's Disease*. Orange County Parkinson's Disease Support Group, Chapel Hill, NC
- (2000, October) *Assistive devices for older adults*. Chapel Hill Senior Center Community Wellness Talk, Chapel Hill, NC.
- (2000, October) *Aging experience*. Orange County Adult Care Homes Caregivers Educational Workshop. With Cherie Rosemond. Sponsored by Carol Woods Retirement Community and Orange County Commissioners.

- (1999, August). *Feeding skills and techniques in long term care*. Workshop-Autumn Care at Rich Square, NC. Area L AHEC.
- (1999, February). *Enhancing physical, social and psychological functioning: A case study*. With Cherie Rosemond and Florence Soltys. Social Work Series on Aging, Chapel Hill, NC
- (1998, October) *Gifts from friends: Honest talk about personal hygiene*. Chapel Hill Senior Center Wellness Talk, Chapel Hill, NC.
- (1998, June). *Falls and mobility in older adults*. Long-Term Caregiver Workshop, Rich Square, NC. Area L AHEC
- (1997, September). *Sensory changes with aging*. Front-line Caregivers Training workshop, Area L AHEC, Jackson, NC.