Athletic Training Student Description of Team Travel Responsibilities

Athletic training students may have a field experience assignment that requires team travel without a staff athletic trainer / clinical instructor. This team travel will involve only those student-athletes who are physically healthy and able to contribute to the success of the team. Students are not expected to carry out long term treatment or rehabilitation responsibilities during this field experience.

Criteria:
Travel related field experiences are **ONLY** available to students who meet the following criteria:

- Must be in the second semester of the athletic training education program
- Completion the following courses:
  - *Emergency Care of Injury and Illness* (EXSS 88)
  - *Fundamentals of Athletic Training* (EXSS 65)
  - Currently enrolled in:
    - *Evaluation of Athletic Injuries* (EXSS 66)
- Hold a current certification in First Aid and CPR
- Complete the clinical proficiencies commensurate to their level in the program.
- A signed and dated copy of the *Athletic Training Student Description of Team Travel Responsibilities* **must** be in the student's ATEP file prior to traveling in a field experience.

Specific Duties

**Preparation:**
- Athletic training students are expected to dress within the guidelines provided in the ATEP Handbook.
- Review with your clinical instructor the list of equipment and supplies needed for your athletic training kit.
- Students must pack the host medical information where it can be easily accessed.
- If no host medical information was provided your clinical instructor will obtain the necessary information.
- Needs differ by team, consult your clinical instructor regarding specific equipment (crutches, coolers, water bottles, et cetera)
- All athletic training kits, equipment bags, and personal luggage should be properly tagged at the time of departure.
- If competition takes place outdoors, pack clothing for inclement weather conditions.

**Hotel / Pre-competition:**
- Attend all team functions.
- Obtain a rooming list after hotel check-in.
- Be sure the phone in your room is available (on) during your entire stay
- Be aware of your personal safety, keep your door locked and bolted, unless you are using your room for competition preparation
- If you step out of the hotel, leave a written message stating your return time
  - Don’t late, be available
- Begin your competition prep well before the team departs (consult your itinerary)
- Students may utilize any taping or wrapping technique that is appropriate.
- Students may utilize appropriate infrared therapies (ie: hydrocollator, whirlpool, ice bags) if available.
- The use of ultrasound or electrical modalities should be avoided during team travel situations. If ultrasound or electrical modalities are available, students may only apply this modality if directed by their clinical instructor to do so as part of a preventative program.
- Students may apply therapeutic stretching techniques as part of pre-competition
warm-up.

**Competition**

- Introduce yourself to the host medical staff.
- Review with the host the local emergency medical procedures.
- Be sure you have the appropriate phone numbers (host ATC, emergency, …)
- Keep your clinical instructors home phone, pager number, and cell phone (if appropriate) with you at all times.
- You are expected to respond to any new injury occurring during the competition.
- Students may utilize appropriate first-aid techniques (cryotherapy, splinting, bandaging, etcetera) when responding to any new injury.
- Should an emergency situation arise, utilize the local emergency plan to arrange for emergency room care and transportation. The host medical staff can assist you in facilitating these arrangements. If traveling outside of our conference, be sure to obtain the appropriate emergency information from your clinical instructor.
- Communicate with your head coach what emergency steps have been taken.
- Students are **required** to notify their clinical instructor of any situation that has required emergency care or any new injury that appears.
- Stay with the athlete until they have been discharged or until the situation is stabilized.

**Care of Injured or Ill Student-Athletes**

- Students may use the first aid and therapeutic techniques outlined above to provide care during their field experience.
- Provide emergency and first aid care to any newly injured athlete.
- Consult with your clinical instructor and utilized the host medical system if any additional care is necessary for the athlete’s safe return to Chapel Hill.
- **Students are required to call their clinical instructor at agreed upon intervals during the course of the trip.** Be prepared to discuss the health status of any newly injured or ill athlete, unexpected issues of travel and/or any other concerns.
- Your clinical instructor will direct you toward resolution of specific issues that may arise.
- Any athlete sustaining an illness or injury must be seen by your clinical instructor upon return to Chapel Hill.
- Should an athlete become ill during the trip, use your first-responder skills if it is an emergency. If the illness in non-emergent, call your instructor for direction on care.

**Important information and Phone numbers:**

My clinical instructor can be reached at the following numbers:

_________________________________
_________________________________
_________________________________

I am required to contact my clinical instructor at the following times:

_________________________________
_________________________________
_________________________________
The contact information for the hosting institution is:

Host ATC: ____________________________________

Phone: _______________________________________

Emergency Phone: _____________________________

Location of the Event: ___________________________

**Signature and acknowledgment:**

By signing below I acknowledge that I have reviewed the *Athletic Training Student Description of Team Travel Responsibilities* with my clinical instructor. I have read and understand the responsibilities outlined above.

__________________________________________ _____________________
Athletic Training Student signature Date

__________________________________________ _____________________
Clinical Instructor’s signature Date