1. Describe the major activities initiated as part of the pilot project during the last three months?
   - The seven FAST teams comprised of 6-10 parent/professionals from the seven participating counties have been recruited.
   - Local support and collaboration for FAST have been established in all seven communities, including Durham, Wayne, New Hanover, Charlotte, Salisbury, Asheville and McDowell.
   - FAST team training held in Raleigh, August 28th, 29th and 30th.
   - Families recruited and enrolled in program.
   - Pre-tests administered to 84 families. (September)
   - Home visits made to 70 individuals, (70 families in September).
   - Information session provided at the 7 school sites in September.
   - A FAST in-service was provided for the school staff in September.
   - Project Director made 1-2 visits per sites during September.
   - Three FAST programs (McDowell, Asheville, Durham) started their 8-week cycle. (September 26, 28, 29).
   - FAST trainers visited and evaluated the three sites that started in September, (September 26, 28, 29).

2. How many individuals has your pilot project served during the last three months?
   - Our pilot project has served 70 parents and 113 children from 60 families in the last three months.

3. Briefly describe the outcomes observed for these individuals.
   - Parent and children engaged in one-on-one quality time.
   - Parent and children engaged in healthy communication.
   - Family bonding through structured activities.
   - Peer bonding through the parent support group.
   - Parents feeling more connected with the school their children attend.
   - Parents and children feeling more involved in the school.
   - Children’s behavior has become more positive and less disruptive at home and in school.
   - Parents are empowered to advocate for their children.
   - Parents are respected and valued by the FAST team.
   - Parents are feeling more comfortable being in charge of their family unit.
4. Describe how these outcomes are in line with the goals and objectives of your pilot project.

- One-on-one quality time with parent and children addresses the goal to enhance family functioning.
- Parent and children communicating in a healthy way and bonding through structured activities addresses the goal to enhance family functioning.
- Children’s behavior has improved in school and at home which addresses the goal to prevent the target child from experiencing school failure.
- Parents are more connected to the school, which assists with the prevention in the target child experiencing school failure.
- Parents are empowered to be advocates for their children, which will prevent the target child from experiencing school failure.
- Parents are respected and valued by the FAST team, which helps to build that relationship and link the family to the appropriate people to assist with the goal of prevention of substance abuse by the child and family.
- Parents are bonding with their peers through the parent support group, which address the goal of reducing stress of the parents in daily life situations.
- Children watch their parents in charge of their family and respected by the team, which reduces the stress of their daily life situations.

5. List any changes or modifications to the services you provide or the manner in which services are delivered as the result of these outcomes.

- The number of parent partners on the team should increase in the next cycle. There will be at least two parent partners on the FAST team.
- Due to some sites having lower number of families attending the sessions, the school may target a different group of families in the next cycle.
- The Asheville site added an additional week to recruit more families and to be in compliance with the FAST certification.
- CISNC hired additional FAST trainers to assist with the trainer visits, to ensure the quality of the program.

6. What percentage of your project funds have you expended during the last three months?

- The project has expended 17 percent of the project funds during the last three months.